

St James' West End Magazine October 2023









You shall observe the festival of harvest, of the first fruits of your labour, of what you sow in the field. You shall observe the festival of ingathering at the end of the year, when you gather in from the field the fruit of your labour.

Exodus 23:16

Carol writes

Early one recent morning (7:15am for 7:30am Morning Prayer, which is very early for me) I stepped through the North Porch door of Salisbury Cathedral into the very quiet, gently lit, vast Nave. On entering you cannot fail to notice the large modern Font. Visually it is impressive in size and shape. The never-ending crystal-clear water continually flows from the smooth level surface via each of the four corners. At that hour the nave was very quiet,



but not silent, as the sound of the flowing water is especially audible when the building is empty. On the 4 sides of the Font are words from Isaiah 43.

"Do not fear for I have redeemed you"

"I have called you by name, you are mine"

"When you pass through the waters, I will be with you"

"And through the rivers, they shall not overwhelm you"

There is God's message for everyone, for you and for me, for those baptised both a long time ago, or more recently, and for those who are strong in faith and all wondering what God may be saying to them. Three words come to mind: precious, known, loved. Precious to God each one of us of infinite value, unique. Known by God, we are each called to be the person he formed us to be. Saved, we are loved in Christ's name.

During October, as leaves change colour and fall, there can be a sense of confusion in the rhythm of our lives. Harvest thanksgiving overlaps with signs of Christmas, once again the poppies of remembrance begin to appear, the weather can be unexpectedly warm as in a late summer whilst evenings draw in, and we know days will shorten even more when the clocks go back an hour as British Summer Time ends.

All can make us feel as if time is rushing by, the rhythm of life can seem out of kilter with another year almost over! Whatever our age, as we look ahead, the autumn of our lives is not to be feared, for God calls us to cherish what we have from birth to the grave.

The Font in the quiet of the Cathedral made me take time to pause and wonder. Its timeless message must not be confined and left behind in a building but be shared. How can we make space to help others, from newborn to old age, encounter God and know his love? Not just to share our faith through our services in church, but truly carry out the baptism directive to: 'Shine as lights in the world'

This October, let us actively seek ways of engaging with others through making time for conversations and meaningful listening. Recognising we all have a wide-range of needs, aware of the changes around us in nature and in our lives at this time of year, aware that we are precious, known and loved by God, with his help we can all play our part in a

'ministry of paying attention'. Through our actions and words, we can share God's timeless message that is for every month of all our lives and beyond:

'Do not fear -I have called you by name, you are mine – I will be with you'



Carol Kidd [LLM / Anna Chaplain for Older Persons

Church Services in October

Sunday 1st Harvest Thanksgiving

10.30 Joint Eucharist Service 6.30pm Evensong

Wednesday 4th 10.30am Eucharist with hymns

Sunday 8th— Trinity 18

9.30am Sung Eucharist (Livestreamed) with children's groups
11am Church Alive All Age Informal Service
2pm Holy Baptisms
6.30pm Taizé

Wednesday 11th 10.30am Eucharist with hymns

Sunday 15th—Trinity 19

9.30am Sung Eucharist (Livestreamed) and children's groups
11am Church Alive All Age Informal Service
2pm Holy Baptisms
6.30pm Evensong

Wednesday 18th 10.30am Eucharist with hymns

Sunday 22nd—Trinity 20

9.30am Sung Eucharist (Livestreamed) and children's groups
11am Church Alive All Age Informal Service

Wednesday 25th 10.30am Eucharist with hymns

Sunday 29th—Last Sunday of Trinity

9.30am Sung Eucharist (Livestreamed) and children's groups11am Church Alive All Age Informal Service

Open Church 9am to 3pm Tuesday to Friday

Morning Prayer 9am Tuesdays, Thursdays and Fridays

Evening Prayer 4pm Wednesdays

Choir Practice 7.30pm to 8.30pm Tuesdays

Stay and Play 9.15am to 10.20am Wednesdays Term time

Church website: www.stjameswestend.org.uk

Diary Dates and Notices for October

Children's Harvest Activity Morning - Saturday 7th October 10am to 11.30am in the church hall. Please book with Jan at stjameswe.childrenswork@gmail.com or 07519 759269.

Community Coffee Morning - Friday 13th October 10am to 12 in the church hall. All welcome.

Autumn Bible study groups:

Tuesdays 3rd, 10th, 17th Oct, 10.30am-11.30am in the church hall

Thursdays 12th, 26th Oct, 6pm to 7pm in the church hall

Rotary Christmas Shoebox scheme - leaflets & flatpack shoeboxes are at the back of church. Please bring shoeboxes in by 20th Oct.

Rev'd Liz is being licenced as Associate Priest at St Mary's Sholing on Monday 16th October. If you'd like to attend the service to support her please email office@sholing.church

We have been awarded a **Silver Eco Church Award**.

Please pray for

- Rev'd Liz as she prepares for her licencing (see above)
- Rev'd Emma in her role as Hospital Chaplain and as she worships in her local churches
- The Squirrels and Cubs visits to the church this month
- West End Pre School and St James School as they visit the church for Harvest Services
- John and Taylor who are getting married at St James this month and Dior and Florence Holdaway who are being baptised.
- Bishop Philip Mounstephen as he prepares to begin his position as Bishop of Winchester

Contact Details:

Vicar: Rev'd Vicky Maunder stjameswe.vicar@gmail.com or 07762673350 or 023 8114 1192.

Associate Priest: Rev'd Linda Galvin <u>rev.lindagalvin@gmail.com</u> or 07934 419302

A note from the Church Wardens

As many of you are aware we are fortunate to have such a wonderful churchyard at St James; keeping this space available for all requires constant work from a team of volunteers who look after the grass and others who help keep the churchyard clean and tidy. We had a successful churchyard clearance day in August and we are grateful to all those who give their time to help.

To mark the start of the new school term we invited our young people to bring their school bags to receive a blessing and we hope they have a wonderful start to the term.

The last few months we have been blessed with Liz and Emma who have been completing

their curacies with us. They have very much become a part of our St James family and we have valued the gifts they have bought to our community. We wish them all the best for the future as their time with us sadly comes to an end.







I am delighted to announce that we should soon be given our Silver Award [Note we have now been awarded the Silver!] A lot of our improvement was because of Reverend Linda's monthly eco-hints in the magazine, and the fact that HOPE is supporting a sustainable farming project in Lesotho enabled us to say Yes to another couple of questions. We still have room for improvement in the Lifestyle Section, which asks us about our members' own green journey, linking with other organisations and holding events. We have had some helpful advice from St Luke's, and would also like to work more closely with other local churches. At the moment, we are a very small group, so if you could offer some time to help, or advise us on specific issues and sustainability projects, we would be most grateful. We meet only two or three times a year to decide what else we need to do - so please do speak to Diana, Linda or Vicky if you would like to be involved.

Diana Barnes—Church Warden

Allotment Fundraiser

UK summers are unpredictable and none so much as 2023. Therefore deciding to have Tea/Coffee and Cake in the garden in August was a little foolhardy, but members of St James Church and parishioners of West End are not put off by a little rain.

A huge thank you to all who contributed cakes and produce, donations, and to those who gave of their time and energy to making the day a success. Umbrellas made a colourful addition to the photographs, held stoically by people who attended.

Monies raised for the Allotment fund was £423. This was way above our expectations and is enabling the advancement of raised beds and compost ready for planting flowers for St James Church in 2024.

June Butler



Dear Brothers and Sisters,

On 12th September Winchester Cathedral witnessed an historic – if rather bizarre – event. I was elected as Bishop of Winchester by the College of Canons (and I'm very grateful to them for having done so!). It's one crucial step, although not the final one, in my formally becoming your Bishop.

It was, by any stretch of the imagination, however, an unusual election. There was only one candidate, and the Canons were instructed to elect me by the King, no less, via documents called a 'Congé d'élire' and a 'Letter Missive'. They had no choice in the matter. So what then was it all about? And is it all too obscure to be of any relevance to us?

It does, in fact, express something very important. And that is the ancient principle that the Diocese itself has a critical role to play in the process of discerning and calling its Bishop.

And that of course is wholly true in our case. The Diocese of Winchester has been fully involved in the whole process from the start: through the work of the Vacancy in See Committee; through the drawing up of the Statement of Needs; and through the Diocese's significant involvement in the Crown Nominations Commission, which led ultimately to the invitation to me to be nominated as the next Bishop of Winchester. The College of Canons' election of me is representative of all that.

There is, though, another, more theological sense of the word 'election' that relates to our God's choosing and calling of us. And that sense too is absolutely vital in all of this. It's vital to me to know that this is God's calling on me for the next stage of my life and ministry (and frankly I wouldn't go anywhere near it if I didn't believe that!).

Both those senses of calling are vital: called by the people of God, and called by God himself; and very often of course that latter calling is discerned through the first. That is a general principle – it's not just about the calling of Bishops, but the calling of us all. So often our calling to any kind of ministry, whether in church or in the wider world (including in 'secular' employment) comes through the discernment of gifts and skills in us by others, which in turn reflects the calling of God on our lives.

I hope and pray in this next season of our Diocese's life we all grow in confidence in that calling, and in turn have the joy of seeing others too discern God's calling to know him, to

love him, to serve him and to follow him.

Yours in Christ.

Philip Mounstephen
Bishop Designate of Winchester

Eco Church - Green News & Tips

As an Eco-Church we are keen to involve ourselves in initiatives that help not only preserve and transform our environment, but also change our lifestyles, as we look for different ways to ensure that we are being good stewards of creation and living a green and sustainable life. Each month we will not only be bringing you news of what we have been doing as a church and individuals, but also offering practical tips so everyone can benefit from a greener planet.

More Ways To Audit Your Lifestyle

Auditing your personal carbon footprint in detail enables you to set goals to reduce it and to offset the carbon you can't eliminate. Climate Stewards have versions of their calculator suitable for individual households: https://www.climatestewards.org/offset/

Take action by looking at 'Count us in'. This website recommends 16 manageable steps you can take to reduce your own carbon footprint and to challenge world leaders. Each step shows the impact and the effort required. As you pledge to join, your personal CO2 saving is aggregated with others around the world. It is an inspiring global drive to reduce our collective footprint: https://www.count-us-in.org/en-gb/

The audits all point to things you can do to reduce our personal carbon footprint. Top tips are 'consume' (buy) less, eat less red meat and reduce your travel. Flying particularly is a problem as, mile for mile, it is the most damaging way to travel for the climate. More than 80% of the world has never flown, many of whom suffer most from climate change. If you do fly, air travel will take up a large percentage of your carbon footprint. Offset it into projects which improve carbon efficiency around the world - whether by tree planting or more efficient cooking methods. Offsetting is controversial as it is still better not to fly! Climate Stewards provide an easy way to pay a calculated offset: https://www.climatestewards.org/offset/ (select the aeroplane icon).

You can find alternative ways to do your journey through websites such as https://www.rome2rio.com/ or https://www.seat61.com/.

A Rocha UK Easy Eco Tips OCTOBER



Provide food and shelter for wildlife, now and in preparation for next year. Clean all your bird feeders to avoid the spread of disease to winter migrants and

put up a nest box well in advance of breeding season. A nest box could also prove a cosy spot for small birds to spend the night on particularly cold winter evenings ahead.

For more practical ways to enjoy, nurture and defend nature, sign up to A Rocha UK's Wild Christian email at: arocha.org.uk/wild-christian

Here it is - all shiny and new, and a huge thank you to all that you do, within church, your community or at home to help us reach these goals. Talking of which - we're going for Gold!

However, that will involve us asking ourselves some really hard questions for the future!



Avebury's St James' – prehistoric stones, secret wall, Whitechapel bell...

If you've never been, Avebury is a village in Wiltshire, between Marlborough and Devizes, and is famous for its prehistoric stone circles, as well as its beautiful Saxon church of St James'.

Saxon (recycled?) St James'

As with most prehistoric sites, little is known for certain about the age and purpose of the Neolithic henge and stones at Avebury, but they're thought to have been created between 2600BC and 2200BC. Although what they were created for, remains a complete mystery!

But sometime after the Romans left the country in the 5th century, the Saxons arrived in the Marlborough area, founding a settlement at Avebury in about 600AD, and at some time after that built a church. Excavations have found evidence of an early wooden church, while today's stone-built St James' dates from the late 10th century. And it's built from a mixture of limestone, Bath stone, flint — and sarsen stone, the hard, grey sandstone found in the Marlborough Downs area, and the stone of the stone circles. And if you do visit Avebury, you'll notice that some of the stones are missing from the circles, it's thought some repurposed for newer (i.e. post 2200BC) buildings. So possibly some of the stone in St James' walls was handled first of all by artisans living even earlier than the 10th century, and way back in prehistoric times.

St James' secret wall

As with many old buildings, St James' has had various alterations over the centuries. It retains its tall, narrow Saxon nave – although side aisles were created by the Normans in the 12th century, and arcades added to the aisles by the Victorians in the 19th century. The chancel was rebuilt entirely in the 13th century, and altered again six centuries later by those Victorians.

And the Victorians were also instrumental in the restoration of a part of the church believed destroyed in the mid-1500s. Following the establishment of the Protestant church in England in the 1530's, many rituals and traditions with a Roman Catholic heritage were disallowed. This included the use of rood screens, decorative panels separating the nave from the chancel.

By the mid-1500s, Avebury's St James' had a very fine, 15th century rood screen – and which the church was ordered to destroy. So, the parishioners dutifully disassembled the screen. But they did not destroy it. Instead, they hid the panels behind a false wall made of lath and plaster, set against the east wall of the nave. This was a brave thing to do, as if discovered they would have been in serious trouble.

But hidden those screen timbers remained, until found by accident in 1810. The screen was restored later in the 19th century, and while the base of the screen is Victorian, the rest comprises those original hidden panels.



Whitechapel Bell

If you visit Avebury, you may be fortunate to hear the ringing of the bells, the oldest the tenor and cast in 1719 – by an Avebury man!

His name was Richard Phelps, and he was Master of the famous London Whitechapel Bell Foundry, founded in 1420. Whitechapel bells are to be found in churches, cathedrals, abbeys across the country, as well as abroad, such as in the United Status. The Liberty Bell, which has come to be the symbol of American independence, was originally cast at Whitechapel in 1752. And Richard Phelps himself is probably best known for 'Great Tom', to be found in the steeple of London's St Paul's Cathedral.

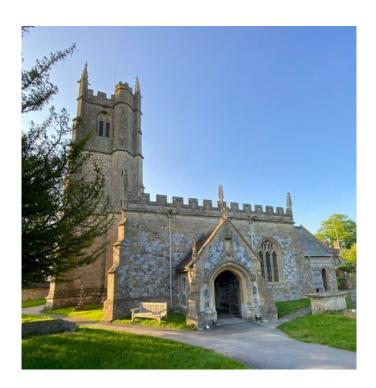
... and much more to see at St James'

Such as the font – possibly Anglo-Saxon, with Norman carvings – and centuries-old pilgrims' shells.

Avebury

The prehistoric stone site at Avebury is managed by the National Trust and English Heritage with a manor house and museum also open to the public, and the village, stone circles, and of course St James', free to wander around.

Caroline Wigley



A little note about Lost Property

Diana has removed from the pegs in the Lobby between the Church and the Hall a few items that have been there for ages: one even had cobwebs on it! If you don't normally go that way and have missed any of these items, do let Diana know, with any details you can remember: A set of bicycle panniers, a grey hoodie, a pink scarf, a purple anorak.

If not claimed, by the end of October, they will go to a local charity shop, so speak to Diana at our Church Alive service or email her on stjameswe.dianachurchwarden





Together we are help & hope for everyone living with dementia

Local families affected by dementia are being invited to take part in an award-winning programme, to help train the healthcare professionals of tomorrow and improve dementia care.

The Time for Dementia programme, supported by Alzheimer's Society, pairs families affected by dementia with undergraduate students, helping to better educate them about life with dementia and the challenges that come with it.

This autumn a new cohort of University of Southampton Medical School students will be taking part and Alzheimer's Society are now seeking families in the area who would like the opportunity to make a difference to training health professionals.

<u>Time for Dementia is a fantastic way for the next generation of healthcare professionals to gain first-hand knowledge of what it's like living with dementia.</u>

If you would like to know more about the programme, or you know someone with dementia and a family carer who would like to take part, please get in touch with us at timefordementia@alzheimers.org.uk or call 07483 926202

The St James 200 Club

Have you thought about joining the St James 200 Club? The monthly draw costs £5 per ticket which entitles you to have



5 numbers in the draw for each ticket. Each month 3 prizes are drawn.

Up to 45% of the monthly subscriptions are dedicated to prize money, the remainder raises funds for St James Church. Up to July 2023 the club has raised £3905.00 for church funds

For more details please contact Reverend Linda Galvin at rev.lindagalvin@gmail.com

From the Registers The Parish of St James' West End

Baptisms August and September 2023

13th August Roma Richardson

Charlie Yeo

Phoebe Yeo

20th August Harry Bulmer

Poppy Hale

17th September Austin Emery

We welcome you into the Lord's family,

We are members together of the same heavenly Father.

Weddings August and September 2023

12th August David Hallett and Laura Swanborough24th August Dale Swain and Anastasiia Bogomolova

28th August Paul Lawler and Julie Jacobs

God is love, and those who live in love, live in God and God lives in them.

1 John 4:16

Funerals August and September 2023

I I th August Mavis Carrington
I 8th August Phyllis Street
2th August Elda Warren

7th September Susan Cerle

I shall not forget you. Look,

I have engraved you on the palm of my hands.

Isaiah 49:15-16



Quiet Spaces

True silence is a real gift in our noisy and busy world...it gives us an opportunity to develop our relationship with God and with our neighbour....it is a blessing in our lives which we so often put aside for another time...

In our **Quiet Space** sessions we meet in small groups to share a time of quiet and then reflect and discuss a theme which brings God into our everyday lives.

If you are feeling ready to find out more about **Quiet Spaces** please contact Brenda Holden tel. 02380474826 or email bmholden84@gmail.com

Everyone is welcome!





At our recent committee meeting we put dates in the diary and planned our fundraising events for the year ahead.

After our Harvest Lunch we have planned our Charity Christmas Card, this is an alternative way to pass on Christmas wishes to our church family. The card will be on display throughout Advent and you are invited to write your message on it and post your donation to our charities in the box. The charities supported by the card are Mountbatten Hampshire, The Society of St James and the Mission to Seafarers.

Looking ahead we have planned a Brunch in February and a Quiz and Curry evening in March, we look forward to welcoming you at one or more of our events.

The two main charities we are supporting this year are

CAP – Christians Against Poverty

This charity provide professional debt help, job clubs, life skills and money education. There services are delivered face to face through local churches, providing both practical and emotional support.



Growing Nations - Lesotho

This is our new charity and part of the work this charity does is to teach farmers in Lesotho how to farm their land sustainably through the *Farming God's Way* programme. You can watch a video about their work here <u>Videos · Growing Nations</u>



As well as our two main charities we will support several local charities with our £50 Pots of Hope donations.



When?
10am to 12 noon
2nd Friday
of the month

Come and take the opportunity for a cup of coffee or tea, plus biscuits or cake and a friendly chat

For further information contact the Vicar or via the pastoral team.
Email in contacts on the back page



CHRISTMAS FAIR

The 3rd annual Christmas Fair held at St James Church, West End

Craft Stalls - Christmas Gifts - Food Raffle - Handmade Items - Local Produce Music- Mulled Wine - Kids Activities Hot Drinks, and more!

10:00 AM - 3:00 PM Saturday 18th November 2023

St James Church, Church Hill, West End, SO30 3AT

To enquire about a stall, please email dreamempiremarkets@outlook.com

www.dreamempiremarkets.co.uk



A time for children to play and adults to chat. Plenty of toys with baby area and baby changing facilities.

Refreshments and a warm welcome. Entrance £1.50

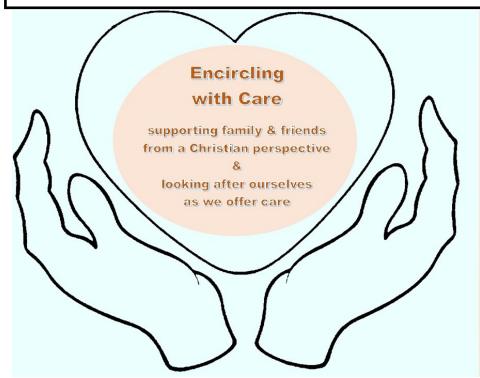
Rotary Shoebox Scheme

"Spreading a Little Happiness

We are supporting the **Rotary Shoebox Appeal** again this year. Leaflets and flat packed shoeboxes are available to pick up from the back of church.

Shoeboxes need to be returned by Friday 20th October. Thank you for your support. More details about this scheme can be found at Shoebox Appeal





An Invitation from Carol & Brenda

to share time & companionship looking at aspects of providing pastoral & spiritual support

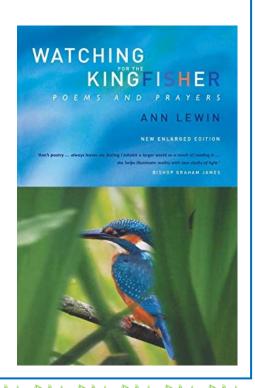
for further information email Carol: stjameswe.pastoral@gmail.com

'Unexpected blessing' by Ann Lewin taken from "Watching for the Kingfisher"

Another beggar on the street.

Not willing to give money, or ignore,
I asked if he was hungry.
'I'd love a drink,' he said,
'A Coke.' Conveniently placed
Beside a shop, desire was swiftly met, (a modern
Cup of water in his name).
And then, just as I thought
I was the one bestowing blessing,
From the nest of filthy blankets
Came his words, 'God bless you.'

As so often, I received Far more than I gave.



Latest from the allotment.

Hello Everyone,

Well we have spent the last few months at the allotment preparing raised beds and the ground, painting the shed and adding water butts and compost bins. So now to the next stage.

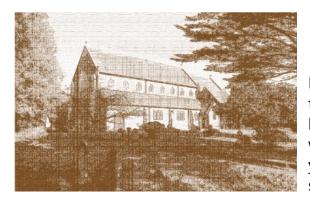
Below is a list of foliage plants that we would like to grow and need them planted by the end of October. If anyone has any of the following and would like to donate a plant please could you bring them to church on **Friday 27th October** between 10am to 1pm; a bit like a plant amnesty.

The list is as follows:

Choisya; Daphne; Camelia; Spirea; Viburnum; Pittosporum; Griselinia; Eucalyptus; Euonymus Silver Queen; Euonymus Emerald Gaity, Euonymus Japonicus *Ovatus Aureus* (Japanese Spindle); Hard Ruscus; Soft Ruscus.

Many thanks in advance

Lyn Spratt



Life At St James

Recalling events and activities over the years since 1890, this gives us a fascinating glimpse into what was happening at St James' church set in the context of the world around it. Maybe this will stir some memories of your own. Please do share them at stjameswe.magazine@gmail.com

125 years ago (1898) – We often forget how much land around West End was once used for agricultural purposes. Looking at some of the descriptions of the Tithe maps on the West End Local History Society website West End Local History Society - Tithe Maps (westendlhs.co.uk) you suddenly realise how much of the local parish was actually devoted to pasture, arable, woodland and orchards. It was no wonder then that the collections recorded from the previous month showed that the amount collected for The Agricultural Benevolent Institution totalled £9 6s 4d, more than the total collection for the rest of the month. Now known as the Royal Agricultural Benevolent Institution, they exist to provide guidance, practical care and financial support to those in need within the farming community, including in-person counselling support for farmers due to the vagaries of farming life.

100 years ago (1923) – There were two pressing matters for the parish this month, one of which was the purchase of **THE IRON ROOM**. One might immediately have visions of 'The Chokey' from Matilda, but this was in fact a parish meeting room at the Vicarage, which was being offered for sale by Mr Dawson. It was first offered to the vicar, 'who cannot afford to buy it, and secondly to the Scouts, who, unfortunately, have not sufficient funds in hand to do so'. Without it, 'there is no other building belonging to the Church available for Parochial purposes and if we cannot keep the Iron Room there is no place for Sunday Schools, Scouts or any other definitely Church organisation' A meeting was therefore called to discuss the matter.

The other equally important matter was concerning the Priest's breakfast. The time of Matins was being changed because, 'when there is a Sung Eucharist, the present arrangement brings the two services so close together that there is very little time for the Priest who has sung the Eucharist to get any food before starting Matins (at the most 7 minutes). According to the custom of the Church, he naturally does not have any before he celebrates, and if he has also taken the 8 a.m., he is grateful for the extra few minutes for breakfast! It will also give an opportunity for the Church to be ventilated before the other congregation comes in.' Ah! Incense, bacon and eggs!

75 years ago (1948) - The church was decorated for Harvest and Reverend Machin had been over 'to look at the Harvest Festival decorations, so that I can tell Sister Ollard how much she may expect to receive. As you know it is our custom to give the produce to the Moral Welfare Home in Southampton.' Unable to find out anything specific about this particular institution, it is likely to have been a 'mother and baby home' specifically run for unmarried mothers. In the 1940's and 1950's it was still considered scandalous to bear a child out of wedlock.

50 years ago (1973) - Despite being without a permanent organist, 'this is the time of year when we usually recruit new choirboys [...] They need to be not less than eight years old, and able to read reasonably well. Choir singing is excellent training, both for the voice and for concentration, which in itself helps a boy's school work. So it is a very wholesome and good interest for a boy [... so] send them to choir practice on a Wednesday evening at 6.30 I don't think you will regret it.'

SO:Let's Connect

You can make a difference through a simple conversation.

Imagine it's your grandparent or your neighbour struggling to video call a loved one. Would you help them?

We need your help! Are you able to volunteer some time in your local area to help someone get digitally connected and feel less isolated?

We're recruiting digital connectors to support the SO:Let's Connect project! You do not need to be an IT expert as we'll teach you, whilst you make a real difference to the lives of your local community.



To get involved it couldn't be easier.
Fill in an application today by <u>clicking here</u>.

You can find out more information by getting in touch at: <u>z.sonmez@southamptonvs.org.uk</u>



Offering Spiritual Care in Later Life

Carol Kidd is Anna Chaplain for Harefield & West End carolkiddannachaplain@gmail.com 07842244876

Carol offers a listening ear to, and shares time with, older persons especially the isolated and the lonely, and if needed their families and carers in order to also support them by signposting to other help that may be available.

Initial contact can be made by phone or email and this can be followed by further phone contact or if preferred may include a home visit in your own home, in a Care Home or arrangement can be made to meet at St James' Church.

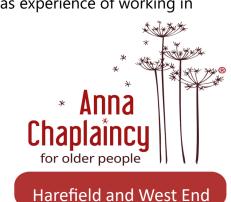
Anna Chaplains are trained in offering spiritual support to

older people by the Anna Chaplaincy team at BRF - a UK - registered Christian charity.

Carol works as our Anna Chaplain in a voluntary capacity and has experience of working in the NHS, in pastoral care and in church ministry as one of St James' Licensed Lay Ministers.

Harefield & West End Anna Chaplaincy is affiliated to Anna Chaplaincy for Older People and is part of the Bible Reading Fellowship [BRF] a Registered Charity [233280]

For further information: https://annachaplaincy.org.uk





'KITE SPIRIT' by Sita Brahmachari

This beautifully- written story takes us through the life experiences of friendship, loss, restoration, hope and love.

Kite, the 16 year old heroine, is left alone when her gifted and talented friend, Dawn, unexpectedly commits suicide the night before the start of their GCSE exams. Kite's world falls apart...she is overwhelmed by grief and confusion...she needs answers.

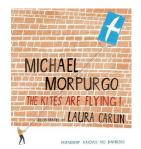
Her loving and supportive parents decide that a 6 week break in the Lake District will help to heal her broken spirit. Kite and her father Seth head off on holiday to an incredible house of glass on the side of a hill surrounded by breathtaking views and a special closeness with nature.

On her journey of recovery Kite makes new friends and her father discovers answers to questions in his own past. The style of writing draws us into lives across the generations as we travel with Kite on her journey of discovery and healing.

This delightful book was found on the shelves of our local public library in West End. A good read.

Brenda Holden

The mention of kites got me thinking about another short story called 'The Kites are Flying' by Michael Morpurgo, about how kites enabled young people divided by a barrier in Israel to share peace and friendship across the divide - I have a copy if you would like to read it - Linda



Brahmacha

We are always on the lookout for book reviews, please send in your reviews to <u>stjameswe.magazine@gmail.com</u>, it is always lovely to share the likes, dislikes and recommendations of books, fiction or non-fiction.

"Getting to know you....."

Would you like to tell us about someone you know about in the worldwide Church either in the past or in the present with a special link with a date in November?

"Getting to know you....."

Elizabeth Fry, Prison Reformer, 1845 12th October

(from 'Saints on Earth')

Elizabeth Gurney was born in Norwich in 1780, the daughter of John Gurney, a member of the prominent Quaker banking family. In 1800 she married Joseph Fry, a London merchant and also a Quaker. Elizabeth's Christian beliefs were accompanied by a large measure of social concern and in 1808 she founded a school for girls at Plashet in East London.

As far back as 1798 she had felt called to ministry after she felt a preacher speaking to her directly at a Quaker meeting. Thirteen years later in 1811, she was recognised by the Society of Friends as a preacher and minister.

After a visit to Newgate prison in 1813 she became aware of the plight of women and children imprisoned in inhuman conditions and felt that her Christian responsibility was to attempt to relieve their plight. Initially she began daily visits to the women prisoners at Newgate, where she read the Bible and taught them to sew. In 1817 she began a campaign to secure basic rights for female prisoners; classification of criminals; segregation of the sexes; female supervision of women, and provision for education. In 1818 she gave evidence to a Parliamentary Select Committee who were examining prisons and later saw many of her proposed reforms carried out.

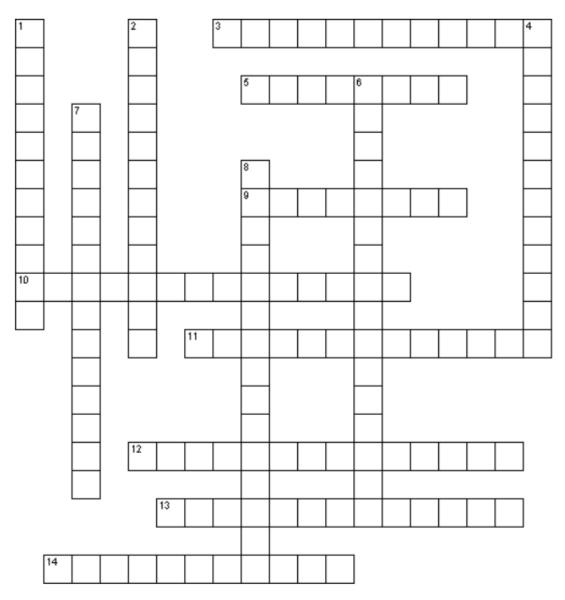
Elizabeth's efforts on behalf of the less fortunate were widespread, though the bankruptcy of her husband in 1828 did curtail some of her work. Her achievements included establishing a 'Nightly Shelter for the Homeless in London'; she founded a society for the care and rehabilitation of released prisoners and for 20 years she inspected every ship containing female convicts before it sailed from Britain.

She travelled to a number of European countries where she visited prisons and did much to bring about prison reform wherever she went. Ill health gradually restricted her work and she died on the 12th October 1845.



Brenda Holden

Crossword for October 2023



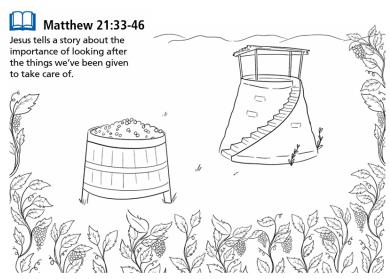
Across

- 3. Captain Virgil Hilts in the 1963 movie, The Great Escape (5,7)
- 5. Fay Wray starred in this 1933 classic (4,4)
- 9. Dr Robert Langdon in the 2006 movie, The Da Vinci Code (3,5)
- 10. Norman Bates in the 1960 movie, Psycho (7,7)
- 11. Bernie Focker in the 2004 movie, Meet the Fockers (6,7)
- 12. Director of the 1971 film, A Clockwork Orange (7,7)
- 13. She played the part of Katharine Hepburn in the 2004 movie, The Aviator (4,9)
- 14. Tom Hanks was this character in the 1994 movie of the same name (7,4)

Down

- 1. He was Spartacus in the 1960 classic (4,7)
- 2. Jim Braddock in the 2005 movie, Cinderella Man (7,5)
- 4. She was the voice of Norma Jean in the 2006 movie, Happy Feet (6,6)
- 6. Rose Sayer in the 1951 classic, The African Queen (9,7)
- 7. Tom Cruise was detective John Anderton in this 2002 movie (8,6)
- 8. Director of the 2005 movie, War of the Worlds (6,9)

Kingdom Kids

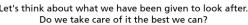




Can you spot six differences in these two pictures? Which garden is better looked after?









What and who do you help look after? Can you draw them in the upturned hand?



Can you find the words from today's passage in the grid?

parable
Jesus
vineyard
watchtower
grapes
harvest
landowner
tenants
slaves
son
killed
taken
punish

u	g	r	a	P	e	s	С	u	٧	С	٧
h	d	n	ь	u	t	Р	u	h	z	z	Р
h	o	ь	+	j	i	е	q	s	n	S	h
е	Р	s	+	ι	Р	u	n	i	s	h	w
k	i	ι	ι	е	d	g	е	е	a	а	e
ı	w	a	+	С	h	t	0	w	е	r	е
S	e	٧	P	a	r	a	b	ı	e	٧	k
g	ь	e	t	u	k	s	b	i	h	e	h
w	n	s	a	n	J	е	S	u	S	S	r
h	w	o	+	е	n	a	n	+	S	+	С
ı	a	n	d	0	w	n	е	r	P	h	u
٧	i	n	e	У	a	r	d	w	+	Р	t



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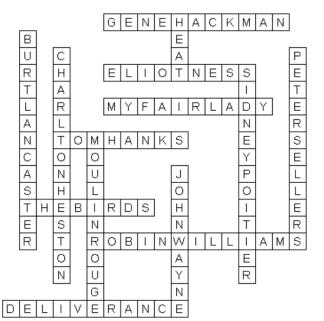
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Solution for August/September Crossword







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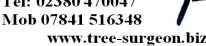




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Please do continue to visit our Facebook page and website to see what is happening at St James' as we are still very much creating and looking at ways to engage with everyone:

https://www.facebook.com/stjameschurchwestend/ and http://www.stjameswestend.org.uk/

We'd also love to hear from you, so do contact us:

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