

St James' West End Magazine

March 2022



Vicky writes



It's not fair! It's the phrase my children use more than any other. Mostly it's because they perceive one of their sisters to have a larger piece of cake than them! But they have a real sense of outrage if they don't feel they are being treated the same. They know they are equally loved and special and they expect that to be lived out in how we treat them.

But we live in a world of great inequality and justice issues have been much in the news in recent years; the killing of George Floyd and the Black Lives Matter campaign, the distribution of the covid vaccine, the MeToo movement, Climate Change. As Christians how do we respond to these issues and what is God calling us to do to build a fairer, kinder world?

Through March and April, we are invited to ponder this together, as a church, and with Christians throughout the Church of England. I encourage you to join with us in using the daily 'Embracing Justice' reflections either online (by signing up at the Church of England website) or using the little booklet that's available from the back of church. Please join us if you can for our Lent groups on Thursday evenings in the church from 7.30am to 8.45pm when we will be exploring this theme together. As the pandemic restrictions ease this seems a really helpful Lent theme. What kind of world do we want to shape at this time of transition and change?

This year Lent runs from 2nd March to the 16th April. It's a penitential season so it is often perceived as a challenging time of hairshirt denial but I see it more as a time of change and renewal, to know our need of God and to draw closer to him. As we come out of the dark months of winter it invites us to get into a new rhythm of life, like a collective waking up from hibernation. It offers us a fresh start to get into a healthy and lifegiving routine. The word Lent is from an Old English word meaning spring and as the flowers blossom and the leaves appear again on the trees Lent is a time for spiritual growth as we prepare ourselves to celebrate the joy of Christ's rising from the dead at Easter.

I encourage you to embrace this season and to enjoy it!

Love and prayers,

Vicky

See article on how to make the most of the Lenten season on page 5



Easter Lillies

Anyone wishing to contribute to this year's arrangement in memory of loved ones is asked to put the name of the person to be remembered and a donation of £2.50 in an envelope and hand it to a sides person at Church or send it to Sue Overell at Woodbury, 6 Eastern Road, West End, SO30 3EQ. (Cheques payable to *West End PCC of St James* please). We would be grateful if you would respond to this request by Sunday 3rd April so that the lilies can be ordered in good time for Easter Sunday.

What's going on at St James Church?

Services and Diary Dates for March

Wednesday 2nd March – Ash Wednesday

9.15am-10.30am Stay n Play (Church Hall)
10.30am Sung Eucharist with the imposition of ashes
7.30pm Sung Eucharist with the imposition of ashes

Thursday 3rd March

7.30pm- 8.45pm Lent Group in the church – Session 1

Friday 4th March

10am Lincoln Court Holy Communion
7pm World Day of Prayer Service

Saturday 5th March

10am -11.30am Children's Activity Morning

Sunday 6th March – First Sunday of Lent

9.30am Sung Eucharist (Livestreamed) with children's groups
11am Church Alive All Age Communion
6.30pm Sung Evensong

Wednesday 9th March

9.15am-10.30am Stay n Play (Church Hall)
10.30am Sung Eucharist

Thursday 10th March

7.30pm- 8.45pm Lent Group in the church – Session 2

Friday 11th March

10.30am -12pm Community Coffee Morning in Church Hall

Sunday 13th March – Second Sunday of Lent

9.30am Sung Eucharist (Livestreamed) with children's groups
11am Church Alive All Age Informal Service
3pm Holy Baptisms
5.30pm IGNITE Youth Group

Wednesday 16th March

9.15am-10.30am Stay n Play (Church Hall)
10.30am Sung Eucharist

Thursday 17th March

7.30pm- 8.45pm Lent Group in the church – Session 3

Friday 18th March

7pm-8pm Stations of the Cross Service in church

Saturday 19th March

10am-12 noon Church Spring Clean – all welcome!

Sunday 20th March – Third Sunday of Lent

9.30am Sung Eucharist (Livestreamed) with children's groups
11am Church Alive All Age Informal Service
6.30pm Sung Evensong

Wednesday 23rd March

9.15am-10.30am Stay n Play (Church Hall)
10.30am Sung Eucharist
10.30am Sunnycroft Communion

Thursday 24th March

7.30pm- 8.45pm Lent Group in the church – session 4

Sunday 27th March - Mothering Sunday

9.30am Sung Eucharist (Livestreamed) with children's groups
11am Church Alive All Age Informal Service
6.30pm Taizé

Wednesday 30th March

Stay n Play 9.15am-10.30am (Church Hall)
10.30am Sung Eucharist

Thursday 31st March

11am Prayer Time in the Lady Chapel
7.30pm- 8.45pm Lent Group in the church – session 5

Weekly Events:

Open Church - The church is open to visit on Tuesdays, Thursdays and Fridays 9am to 3pm and on Wednesdays 11.30am to 3pm.

Morning Prayer is said in Church on Tuesdays, Thursdays and Fridays at 9am.

Choir Practice is in Church on Tuesdays 8pm-9pm.

Stay and Play – Wednesdays 9.15am-10.15am in term time in the church hall. For pre-school toddlers and babies and their parents/carers. Cost £1 per session and includes an individual snack.

Monthly Events:

1st Saturday Children's Activity Morning - From 10am to 11.30am in church. A short interactive talk, crafts and refreshments for children of all ages. For more info and to book to attend please contact Jan j.barrett77@btinternet.com or 07519 759269.

2nd Friday Community Coffee Morning - 10.30am to 12 noon in the church hall. All welcome.

2nd Sunday Ignite Youth Group - 5.30pm – 7pm at the Church. For ages 11 to 15. If you would like to join, please contact Vicky at stjameswe.vicar@gmail.com.

Last Thursday of the month Prayer Time - Join for a time of prayer for the needs of the world, local community and individuals from 11am to 11.45am in the Lady Chapel in church.

Notices and News

Mothering Sunday – we will be distributing flowers at our special Mothering Sunday services.

Food Bank - donations for the Food Bank can be left in the basket at the back of church.

Tree Trail - Enjoy our March Tree trail in the church grounds.

A note from the Church Wardens

It's great to see many of our church activities getting going again. However, as the country eases into normal life, we are still encouraging caution in our day-to-day church life, and hope that people will continue to wear masks, sanitise, and keep space around them. Both of your churchwardens have now had Covid-19 in their households, and understand only too well how unpleasant it is.



We plan a church spring-cleaning session on Saturday, March 19th, and Assistant Churchwarden (Buildings) Noel Becket will be giving more details about that, but please take this opportunity for your personal service to our church, book the date in your diary, and ensure that your rubber gloves are not hole-y! The more people we have, the quicker it will be, and there will be refreshments to keep us going. Take care, everyone.



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Making the most of Lent 2022...

Embracing Justice - Daily Reflections - these daily reflections give you a short Bible reading, a reflection and prayer for each day of Lent and a weekly action to do. You can access them in the following ways:

- Sign up to receive them via e-mail here [#LiveLent 2022 church resources: Embracing Justice | The Church of England](#)
- or via the app.
- Take a booklet from the back of church and leave a donation
- Use an Alexa to listen to the audio version

There is also a Kids version for families to use together - pick one up in church

Or why not read the Archbishop of Canterbury's Lent Book 2022 'Embracing Justice' by Isabelle Hamley. You can order it online. [Embracing Justice - Isabelle Hamley - SPCK Publishing](#)

Embracing Justice - Lent Course - Come along to our Lent Course to explore the topic together. Thursday evenings 7.30pm to 8.45pm in the church.

Dates: 3rd, 10th, 17th, 24th, 31st March and 7th April.

We will be watching short films and interviews on this topic using the AV system and discussing them together (a similar format to the LLF course). It would be helpful (although not essential) if you have used either the daily reflections or read Isabelle Hamley's Lent book. Refreshments will be served. All welcome!

*What does the Lord require of you but to do justice, and to love kindness,
and to walk humbly with your God? Micah 6:8*

Lent Quiet Day - 'A Day To Let God Love You'. Saturday 2nd April 10am to 4pm. Take time out from the routines and responsibilities of daily life to spiritually recharge and spend time with God in our beautiful church and grounds. The day will be led by spiritual writer and poet Ann Lewin. There will be a short talk in the morning and a short talk in the afternoon and then resources you can use, if you'd like. We will keep silence during the day except for those who would like to talk over the soup lunch from 12.30pm – 1.30pm. Suggested donation £10 for the day including lunch. £5 for the morning or afternoon. Other refreshments available during the day. Please sign up to come or let Vicky know.

*'In returning and rest you shall be saved;
in quietness and in trust shall be your strength.' Isaiah 30:15*

Why not make a donation to charity this Lent, to one of our HOPE charities... (or a charity close to your heart). Our **HOPE Lent charities** are...

WaterAid Jars of change Lent Appeal. Pick up a jar from the back of church or find one yourself and pop your change in there during Lent.

[Lent Appeal: Jars of Change | Fundraising | WaterAid UK](#)

CAFOD Walk Against Hunger Campaign. Get sponsorship to walk, roll, skip or stroll your way to 200k during Lent. You could do 5k a day for the 40 days or smash the target all at once as a team!

[Walk Against Hunger | CAFOD](#)

Please bring any money collected to church at Easter for counting or donate online.



We need your help, please!

We are very fortunate that a very small group of members of the congregation work constantly to keep the church clean. There are, however, some jobs that are outside the remit of this valiant crowd and so on March 19th there will be a **Spring Clean** morning.

All ages, including families, are welcome. The more people that help, the quicker and easier it will be for us all! We'll be providing some hearty soup for lunch and do hope you'll be able to stay after the cleaning is finished. Some of the tasks below might seem a little daunting, but there will be lighter duties - a need, for example, to support those that can use a stepladder or making tea and coffee.

A few of the tasks to be tackled:

Removing all the radiator covers and cleaning the hidden elements

Cleaning the walls as far as can easily be reached

Cleaning the lower windows

Dusting above the arches and clerestory windows (we have very long poles that will reach from ground level)

Dusting/cleaning/polishing anything else that you have noticed whilst looking around whilst waiting for a service to begin!

Sweeping/vacuuming the pews etc. after dust has been dislodged from above.



**Church Spring
Clean
March 19th
10.00am**

Please could you let Scott or Diana know that you are coming so that plans can be made. Alternatively, you will be just as welcome if you turn up on the day. Please don't leave this morning for others to do – it is over a decade since we held this event and the building that we all love could really do with some TLC.

Livestreamed Services

We have been livestreaming services from St James since July 2020. It has been a steep learning curve using different types of hardware and finding various ways of connecting to the internet and the church sound system. Those of you joining in from home may be interested to see the equipment in church

We have now settled on using Facebook livestream on a dedicated phone via a data only sim card. We have achieved this at a modest cost of £145 for the phone plus an annual fee of £50, i.e. about £3.50 per service for the first year and less than a £1 per service in the following years, whilst this setup is available from Facebook. The PCC would be delighted to receive any contributions towards this livestream facility.

To date, most of the livestream services have been operated by Donna, with occasional help from Cathy, James and myself. Now that we have developed a fairly simple system, we would love to have other volunteers who attend the 9.30 service to join the Livestream rota. We will show you what to do. It is a 5 minute setup at the start of the service, swivel the camera during communion, then finish and post the service at the end. There is no need to monitor the phone during the service.

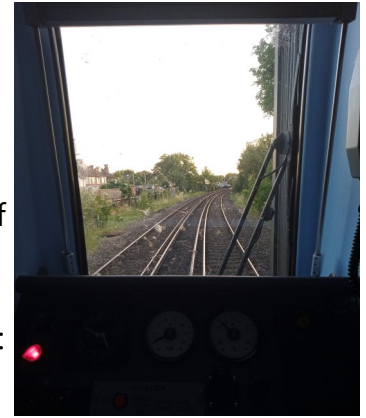
Whilst researching which phone would suit our needs best (I tested at least 12), I discovered Phone Clinic in Bitterne, where Abdullah was extremely helpful and let me borrow a couple of phones to test.

Noel Becket



A View from the Train Window

I have always loved traveling by train, it's without doubt my favourite mode of transport. Sitting back, watching the world go by, having time to reflect, catch up on a good book, having a coffee, or a drink of something stronger whilst pounding the rails at 100mph is a real pleasure. Plus, as a parent of three children, I have also realised how beneficial a train journey is to relieve the boredom of travelling by car: the children can draw and colour, play games, listen to their own music and, crucially do a wee at 100mph!



Redundancy last year, gave me an opportunity to seek a new career in the railway industry so I was thrilled to start at South Western Railway as Customer Ambassador, based at Southampton Central. There is no doubt that train travel has taken a hit following the Covid-19 pandemic but, things are starting to get back to 'normal' particularly at off-peak time, heralding the return of the "Leisure Traveller." I thought I would take this opportunity to open your minds to the prospect of a day trip on the train and what you might find not far away from home!

We are blessed with so many wonderful places on our doorstep, coast, countryside, even cityscapes towards London can excite me with the travel bug. For this article, I thought I'd single out the New Forest. Just 10 minutes from Southampton Central and you can be lost in peaceful countryside famous for its heathland, native ponies and forest trails. Why not take a train to Brockenhurst, the largest village in the Forest? Adjacent to the station, there are walking trails as well as pubs, cafes, restaurants in the village centre. If you're feeling more



energetic you can even hire a bike at the station to explore the New Forest further. Smaller stations in the New Forest should also get a mention. If you fancy a walk, then starting at Ashurst New Forest, Beaulieu Road or Sway allows you to explore the deeper, rural parts of the Forest either as a circular walk, returning to the same station, or maybe a trail starting at one station, and finishing at another.

If you're longing for some coastal escape, a train trip to Lymington Town (or Lymington Pier for ferry connections to Yarmouth, Isle of Wight) is a must. Ice cream on the quayside in the summer is well recommended and only a 10-minute walk from the station. Back inland, the small station of Hinton Admiral connects with Highcliffe Castle and Avon Beach. Why not walk along the beach to connect with New Milton? I recently completed this walk with the family – the incentive of ice cream helped motivate the children for the 5-mile hike!



Of course, the New Forest isn't the only place to head to by train. From Southampton Central you can travel further west to Bournemouth, Poole and Weymouth as well as Salisbury, Bath, Bristol and Cardiff; east to Chichester, Arundel and Brighton and regular trains take you to Winchester and London Waterloo. There is so much to see and explore – let's get back on board!

Chris Badcock



Flowers, Flowers, Flowers!

Hello Everyone, it's the flower team again and we need your help please.

For the Queen's Platinum Jubilee we have come up with the idea of doing a festival of flowers and wedding dresses, veils and even bridesmaid dresses, through the decades from the 1950s to the present day. It may seem early but it takes time to get organised, so does anyone have a wedding dress from the 50's, 60's, 80's and 90's we could display? Also needed are mannequins or tailors dummies – or even free standing coat stands to display the dresses on. These would be needed from the 1st June until the 6th June.

We'd also like to put on display wedding photographs of couples who have been married at St James' Church from the same period, perhaps photos of your own wedding or of parents or grandparents, perhaps with a particular memory and of course, the date.

So to make this a success, please take a look in your wardrobe or attic and find those special dresses and photographs.

If you can help in anyway please contact lynspratt@gmail.com or phone Lyn on 07484283321.

Many thanks
Lyn, Sue and the flower team



Quiet Spaces



In all the busyness of life, do you feel the call for some quiet space to regularly spend time with God in the company of a small group of people from the church community?

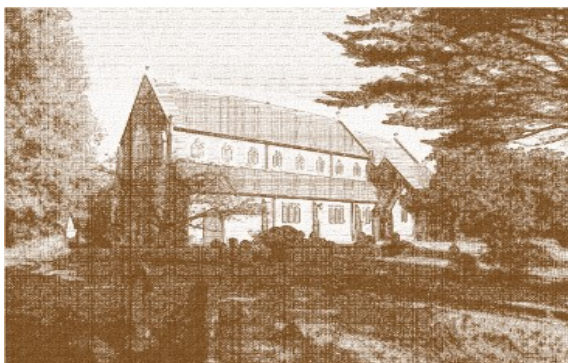
- We meet in small groups of no more than 5 people three times each school term.
- The sessions are held in the daytime or in the evenings to suit family life and work schedules. Bookings are made when the days and times are circulated to members.
- It is planned to start a group that will meet in half terms and school holidays to cater for those with teaching commitments and busy schedules during term time. That group will have only 6 or 7 meetings each year instead of the 9 for the other groups.

- Each session is a maximum of one hour in length.

What happens at a Quiet Space meeting?

- We open with prayer
- We have a time of stillness which may follow a relaxation exercise
- In a confidential setting we share our reflections on themes which bring God's presence into our everyday lives
- We finish with prayer

If this is something you would like to explore in more detail please contact Brenda Holden tel. 02380474826 / email bmholden84@gmail.com



Life at St James

Recalling events and activities over the years since 1890, this gives us a fascinating glimpse into what was happening at St James' church set in the context of the world around it. Maybe this will stir some memories of your own. Please do share them at stjameswe.magazine@gmail.com

125 years ago (1897) – Confirmation Classes were to be held in the Church Vestry on Fridays, at 3pm for females, and at 8pm for young men - nice that the ladies could be safely home before dark!

The Church Army Mission Van was due to arrive in the Parish around the 15th of March. During the time it was to be in the village, services and Lantern Lecture would be held in the School Room on weekday evenings. The Officers in charge of the Van 'will be glad to receive offerings of provisions toward their support, and any hospitality it may be in the power of parishioners to offer them.

Something keeps nagging at me about St Paul, Corinthians and tentmakers!

100 years ago (1922) – Keeping politics out of the County Council? Reverend Roland Dawson offered congratulations to Captain P C Pearson who had been successful at the Poll on the 4th March. His opponent, Mr A J L Hill had acted as a true sportsman. Apparently it was a 'clean and honourable contest of two gentlemen ... If only our Parliamentary Elections could be conducted on the same lines how much nicer it would be. Only two or three persons tried to bring the political card into it, but it was crushed at the start. Captain Pearson had no politics in it, nor Mr Hill; and no one but a silly person would try and make the County Council Elections run on political lines. Some of us find we cannot support any of the Political Parties to-day, for they are rotten at the core ... The old Political Parties are worn out, their Shibboleths are as dead as the Dodo; and their vested interest's are a menace to the production of a sane and sensible construction of National Life.' Well that's one person's opinion...

75 years ago (1947) – Foremost in everyone's minds was 'the prolonged cold weather, aggravated in its effects by the painful necessity of reducing power and fuel supplies.' Because of this church attendances had suffered and from a statistical and financial point of view 'this winter has been the most disastrous in the history of the church' according to the Bishop of Winchester. Several churches in the Diocese had had no congregations at all. However, thanks to the loyalty of the St James congregation and the continued and readily given help of Mr Harris and the Choir, both men, boys and girls, 'not one single Choral Service has had to be curtailed. '

50 years ago (1972) – With the Miner's strike coming to an end at the end of February, which resulted in many homes and businesses having to be without electricity for up to nine hours a day, the 'national news was indeed dark and threatening'. Reverend Green however, encouraged people not to be demoralized by what they were reading or listening to in every news bulletin. Instead for Lent he suggested that they spent 'ten minutes less per day reading the news and ten minutes more a day praying about it'.

10 years ago (2012) - Déjà vu? The opening phrase of Reverend Pickett's opening letter was 'It isn't fair' (see Vicky's opening piece). It would seem that justice and compassion were very much on the agenda then as now. Describing unfairness as being inevitable and in some cases unchangeable, he nevertheless spoke of seeking a society that is just and helps those who 'by accident of birth, health, parents, geography or calling ... have been dealt a bad hand'. He also reminded people that only God is just and it is by his 'amazing grace, and undeserved generous love that we live.'



Children's Activity Morning



5th March 10 am – 11.30

at St James Church, West End

Come and have fun as explore the meaning of Shrove Tuesday and Lent.

Pancake making, racing and eating!

To book your place please contact Jan on 07519759269 or at j.barrett77@btinternet.com

We look forward to seeing you.

Good Friday Activity Morning

Saturday 15th April

9.30am to 11.30am

In St James Church Hall

Come and join us for a morning of storytelling,
craft activities and more based on Holy Week.

Then at 11.30am we have a service in church
to which all our adults are invited to attend
and share in the Easter story.

After the service there is time
for hot cross buns and drinks.

If you are under four please bring your adult with you.


It is important to book your place so please contact Jan on 07519 759269
or at j.barrett77@btinternet.com. We look forward to seeing you there.

Pathfinders and Mustard Seeds



Our children's groups meet every Sunday in the church hall at St James
for a morning of storytelling, prayer and activities.

In March we will be exploring and travelling through the stories of Lent together.
Come and join us from 9.30 to 10.30, we look forward to seeing you there.



Ignite Youth Group
is being re-ignited!

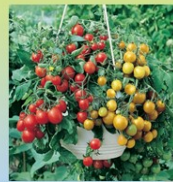
To celebrate we're having a party on
Sunday 13th March
5.30pm to 7pm
at
St James' Church, West End
Inviting all 11 - 15 year olds
for fun, games, friendship, food and more

Let us know you're coming by contacting Vicky
at stjameswe.vicar@gmail.com or on 07762 673350 or 023 8114 1192



Come along to learn how to grow Crops in Pots!

Sessions at Moorlands
Community Centre,
Townhill Way, SO18 3NU



Learn about
kitchen
gardening in
small spaces,
windowsills,
balconies and
containers over
3 sessions

**Mondays 7th,
14th, 21st
March 10.30-
12.30**

**Come to all 3
sessions or just
one : FREE!
Please pre-book**

Free cake &
refreshments!

For more information contact Pippa on
pippacommunitygardener@gmail.com
or text 07519297920



West End Local History & Heritage Museum

Designed by Herbert Collins, noted local architect, to match the houses around it in what is now a Conservation Area, the Old Fire Station on the corner of Orchards Way and High Street contains an extensive and ever growing archive of local material (maps, directories, sale notices, photographs etc..) as well as interesting displays.

Whether your interest lies in research on house, family or local history in general, our archive is available to view. Sit and browse. We are happy to help further if we can, including photocopying or computer-generated copies of archive material (subject of course to copyright!). Our library is there for you to view as well.

The displays in the Museum are constantly being updated to reflect the history of the area and its inhabitants. From West End's Iron Age Barrow to its connections with Titanic, Florence Nightingale, Hitler and Napoleon, information can be found in the Museum.

Why not take home a reminder of your visit to the Museum from our bookstall!

The Museum is open on Saturdays between 10.00am and 4.00pm

For more information please phone 023 8047 1886



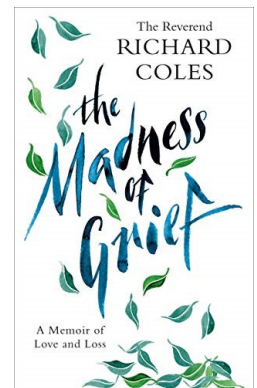
Book Review – The Madness of Grief by The Reverend Richard Coles

Grief. A word defined in the Oxford English Dictionary as “intense sorrow, especially caused by someone’s death.” This was a word that didn’t mean anything to me until my Mum’s sudden death in 2018. The turmoil, the upset, the fragility of life and death and the “picking up the pieces” after such a shocking, life changing event that catches your breath and left me feeling totally “lost”.

A friend of mine had recommended a book by The Reverend Richard Coles about grief and his recent experiences. You may remember him from the 2017 BBC series of *Strictly Come Dancing*, various appearances across the BBC TV and Radio and, if you’re of a certain age, he was one half of the 1980’s duo *The Communards* alongside Jimmy Somerville who had the number 1 hit in 1986 with “Don’t Leave Me This Way”.

In 2019, Richard Coles lost his life partner Reverend David Coles unexpectedly. This book “*The Madness of Grief*” takes us on a very personal journey of how he coped with this moment and the immediate aftermath. His stories, his thoughts, the highs and lows of his grief journey are all part of the context of the book. I found it quietly reassuring some of those certain trivialities of death can bring some light and even some humour which I could wholeheartedly relate to. He talks of copious amounts of tea and sympathy and how the very nature of these insignificant events can be overwhelmingly generous and kind to someone dealing with such tragedy. It’s not just about the tea; it’s about coping; adjusting; learning and most importantly finding your way through a wilderness in whatever way he could.

For anyone who has ever lost someone dear to them, I thoroughly recommend taking this personal journey through “*The Madness of Grief*”



Chris Badcock

Thankyou to Chris who submitted our 'Book Club' review this month. Please send in your reviews to stjameswe.magazine@gmail.com, it is always lovely to share the likes, dislikes and recommendations of books, fiction or non-fiction.



Rosemary

Have you got a flourishing rosemary bush in your garden that needs a trim, if so please can you supply some for our Mothering Sunday flowers.

If you can help please contact Jan on 07519759269 or at j.barrett77@btinternet.com.

**AN INVITATION
to St James'
Community Coffee Morning**
we look forward to welcoming you



**New for 2022
an invitation to a
Community Café**

Where? St James' Church Hall

Who For? Anyone who wishes to pop in. No need to book just come along on your own or with others

When? The 'second' Friday of each month anytime between 10:30am-12 noon

Come and take the opportunity for a cup of coffee or tea, plus biscuits or cake and friendly chat in these early months of the year as we await brighter days and signs of spring.

As warmer mornings arrive and the weather allows there will be the option of resting awhile at tables and chairs outside in the beautiful churchyard when the trees will be in blossom

Covid prevention measures regarding ventilation etc. will be in place as per recommendations

The next two dates will be on March 11th; April 8th

For further information: email stjameswe.vicar@gmail.com or stjameswe.pastoral@gmail.com

Offering Spiritual Care in Later Life

Carol Kidd is Anna Chaplain for Harefield & West End

carolkiddannachaplain@gmail.com

07842244876

Carol offers a listening ear to, and shares time with, older persons especially the isolated and the lonely, and if needed their families and carers in order to also support them by signposting to other help that may be available.

Initial contact can be made by phone or email and this can be followed by further phone contact or if preferred may include a home visit in your own home, in a Care Home or arrangement can be made to meet at St James' Church.

Anna Chaplains are trained in offering spiritual support to older people by the Anna Chaplaincy team at BRF - a UK - registered Christian charity.

Carol works as our Anna Chaplain in a voluntary capacity and has experience of working in the NHS, in pastoral care and in church ministry as one of St James' Licensed Lay Ministers.

Harefield & West End Anna Chaplaincy is affiliated to Anna Chaplaincy for Older People and is part of the Bible Reading Fellowship [BRF] a Registered Charity [233280]

For further information: <https://annachaplaincy.org.uk>



Harefield and West End



Churches Together in Hedge End, West End and Botley are connected together for the good of our community.

Prayer SAY ONE FOR ME Let's pray.

Across our Churches there are many times that focus on prayer. Each Sunday, at mid week services, open church times, the Prayer Tree Trail, Morning Prayer times, Quiet Spaces and whenever we gather together, especially when the coffee is on. Many of the churches have prayer boards where people from across our communities can leave prayer requests. We can pray together and intercede for others, pray on our own and as we walk, write or even sing or dance!

My prayer life changed when I was recommended to read a book with the title, 'Don't just stand there, pray something.' That must have been some 40 years ago! So the list of types of prayers has grown very long and the experience encouraging and illuminating. It doesn't matter where we are or what situation we find ourselves in we can do just that, turn out thoughts and actions to pray. It is like a booklet printed in the last few years with the title, 'Try Praying.' It tells us that '27 million adults in the UK pray,' and many more are praying today.

In times of distress, in fearful moments, in joys of celebration we can pray and find it helpful to do so. Booklets and other info on prayer can be found at St James' Church, and Anchor Community Church, West End and across all the Churches of our Churches Together area known as HEWEB.

Perhaps this picture from Albrecht Durer (16th century) created with pen and ink on blue paper that he also created, may help you in the coming days and months. It has helped many thousands of people to pray, to find a quiet time to seek God's presence, read His word in scripture and pray and talk.



Oasis Christian Centre

Oasis is a registered charitable trust committed to providing people and churches with the best of Christian books and products and fairly traded goods and it is where we go for the fairly traded goods that we sell on their behalf at our fund raising events.

Established in 1984 as a resource centre for Christian products and also to sell goods from developing countries. From these small beginnings a thriving charity has developed that supports both local and international needs. Number 25 Church Street was built in 1605 and needed a huge amount of renovation, but as a result of ongoing work it has been lovingly restored and so Romsey has a delightful Tudor bookshop within the historical part of the town, opposite the Abbey.

The book range is extensive, not least the bibles in various versions and bindings, from the major publishers. The children's area is home to a big selection of books for all ages, plus bibles and stories suitable for new babies and christenings. As well as books they sell copious amounts of greeting cards, some unique to them, music on C.D and DVD of all genres, stationery and wholefoods. These wholefoods (dried fruits, coffees, teas, sweets and gorgeous chocolate) are from the Traidcraft and Divine chocolate range. Following a 60 year tradition they continue selling Scout and Guide uniforms as the previous owners of the building were tailors, so they are the only bookshop in the country to supply uniform!

Complimenting the books are gifts from developing countries as well as the UK, as they seek to promote Fairtrade principles and work alongside artisans in their own country. The Leprosy Mission catalogue is often mailed out to help their customers who are looking for something a little different. National book tokens and their own gift vouchers also sold/exchanged.

They are currently raising funds to repair the roof and upper floor windows so are grateful to anyone who has contributed! Buy a book, send a book, read a book and come over and visit them. Follow them on social media as well for the latest news and how you can support them by becoming a Friend of Oasis: Facebook, Instagram, Twitter, Website - www.oasisromsey.co.uk



Hope Lent Appeal

This year we have decided to support two charities
with our Lent appeal.

Are you ready to help change someone's life this lent?

We are supporting the CAFOD walk against hunger
campaign.

We are inviting you to walk, skip, roll or stroll for the 40 days
of lent either as a team or on your own. The challenge is to
cover 200k over the 40 days which is 5k a day, there are 200
million children in the world at risk of malnutrition. Let's give
hunger its marching orders. Maybe you could sponsor
someone if you feel unable to respond to the challenge.

Our other charity is the WaterAid Jars of Change Appeal.

Clean water is our first line of defence against illness and
disease. But millions of people are still living without this
essential resource. Did you know one in three healthcare
facilities around the world has nowhere for staff to wash their
hands.

Can you give up something for lent and donate the money
you save to WaterAid, it could be a bar of chocolate or a cup
of coffee.

Let's fill our jars with change.

Contact Fiona or Jan for more information.

I would do anything for love (of cats) but I won't do that.



Monty - the kitten I wished I'd kept

When people find out that I foster cats for Cats Protection the most common things they say are "I couldn't do that" or "it would break my heart to let them go". There have been occasions when my heart does feel sad about saying goodbye to the cat I have helped to rehabilitate or the cat that has lived with me for 3 days or even 3 weeks. I miss the cat that head bumped me hello every time I went into the foster room. I miss the cat with the extra toes! I miss the kitten with the rare markings that had a massive personality for something under a kilo in weight.

But if you work for a large volunteer animal rescue there are always more animals to help. There is a never-ending list of animals waiting to come into our care. Why do people give up their cats? Poverty, moving to a home that doesn't allow animals, bereavement, animals not getting on with other pets or family members. Of course all of this has been made worse by COVID. Many vets were working on emergency only basis and so cats were not being neutered and so more kittens have been born. Now I love kittens. I don't care how disgusting they are. There is a lot of work looking after kittens, but I still adore them.

However, I know that neutering your cat is the very best thing you can do to keep them healthy. Neutered (spayed/fixed/done) cats live longer and healthier lives. In the meantime these unwanted cats need a safe home. They need good quality food, shelter and care from humans. If you have a spare room and some time then you can offer them that. Cats Protection provide all of the resources and all of the training so that you can give each individual cat everything it needs to be happy and healthy. All the while you are caring for the cat there is a team of unpaid volunteers answering enquiries from people wanting to adopt cats and kittens.

Now its also important to remember that a cat is not a dog! Dogs generally like being with other dogs, they are pack animals. They are descended from pack animals. Our domesticated cats are descended from solitary desert cats. Domesticated cats will generally tolerate other cats and occasionally become bonded with other animals. More that one cat in a house does not make for a happy cat. And that is my answer to why I don't keep each and every foster cat. I already have three cats of my own and they do not want any more roommates. I have fostered and rehomed nearly 20 cats in the last year.

Do you think you could do that? If you would like more information then contact Cats Protection <https://www.cats.org.uk/Southampton> Fostering is something that brings me great joy and satisfaction. I think you can foster too.



Rachel Owton

Picture Reflections

Our front page picture was taken by Noel Becket from a Filipino manned tanker that he was about to sail from Fawley on 24th December. There was not enough cargo ready in the refinery, so the ship was sent to anchor to the east of the Isle of Wight for the Christmas period. I asked about the Covid situation at home, but the Captain dismissed this question with 'Mr Pilot, there is a Typhoon heading towards my village. It might not exist in a few hours. Covid is not important today.' A far cry from our comfortable life in Hampshire!

Do you have a picture that you would like to be featured on the front of our magazine? Perhaps you have prayers or reflections to contribute to go with the picture. Send your pictures to Kate Badcock stjameswe.magazine@gmail.com. It would be fabulous to see some of your pictures. (Please do not send pictures with people featuring in it unless we can confirm their express permission to use it)

PCC Meeting held on Wednesday 26th January 2022 via Zoom

These are the bullet points from the meeting. A full copy of the minutes can be obtained from the PCC Secretary at pccsecretary.stjameswe@gmail.com

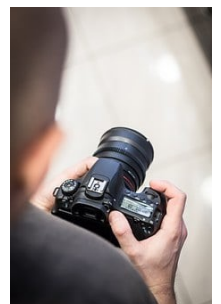
Eighteen Members of the committee were present

- Minutes were agreed
- **Matters Arising** Amendment of sentence Health and Safety policy; report on printed magazines and progress on adverts.
- **Business by Correspondence** Decisions on Mar Thoma, payments to musicians, emergency venue and agreement on a Christmas Craft fair.
- Finances to end of the year were good. Card machines for donations were discussed. Generosity was applauded although some services do still not take collections. Use of funds for improvements was deferred to another meeting. The PCC agreed to an increase in Common Mission Fund by £2K to £55K for 2022, payable by instalments.
- **Vicar's Report** update on music, choir and services; monthly coffee morning and relaunch of Ignite youth group. Covid measures in church were discussed; agreed to stay as we are. Lent materials for this year will be 'Live Lent: Embracing Justice', pamphlets ordered; quiet day in Lent will be organised.
For Queen's Jubilee (2 -5 June) a mini Flower Festival planned with outdoor songs of praise and afternoon tea; St James has been asked to take part in the beacon lighting festivities on Hatch Grange on 2nd June.
- **Director of Music** creation of two posts approved, Organist and Choir Director for traditional services and Music Leader for Church Alive.
- **Building and Fabric** report included update on repairs to organ (still awaiting quotations); delay applying for removal of the front pews until the Covid situation has improved. Since latest repairs no leaks have been detected in either church or hall roofs. Livestreaming is being tested for improvements.
- PCC members reminded to complete short online **safeguarding** Domestic Abuse Awareness training. Lifts to Church discussed but currently too complicated to set up scheme due to insurance, administration and lack of volunteers.
- PCC approved **HOPE** support of both the Cafod 200k Walk against Hunger project and WaterAid UK Jars of Change for Lent.
- **Church Hall Committee** updates on hirings with restrictions to remain in place until after Easter. The church hall magazine advert to be reinstated.
- PCC approved appointment of Caroline Wigley as sidesperson.

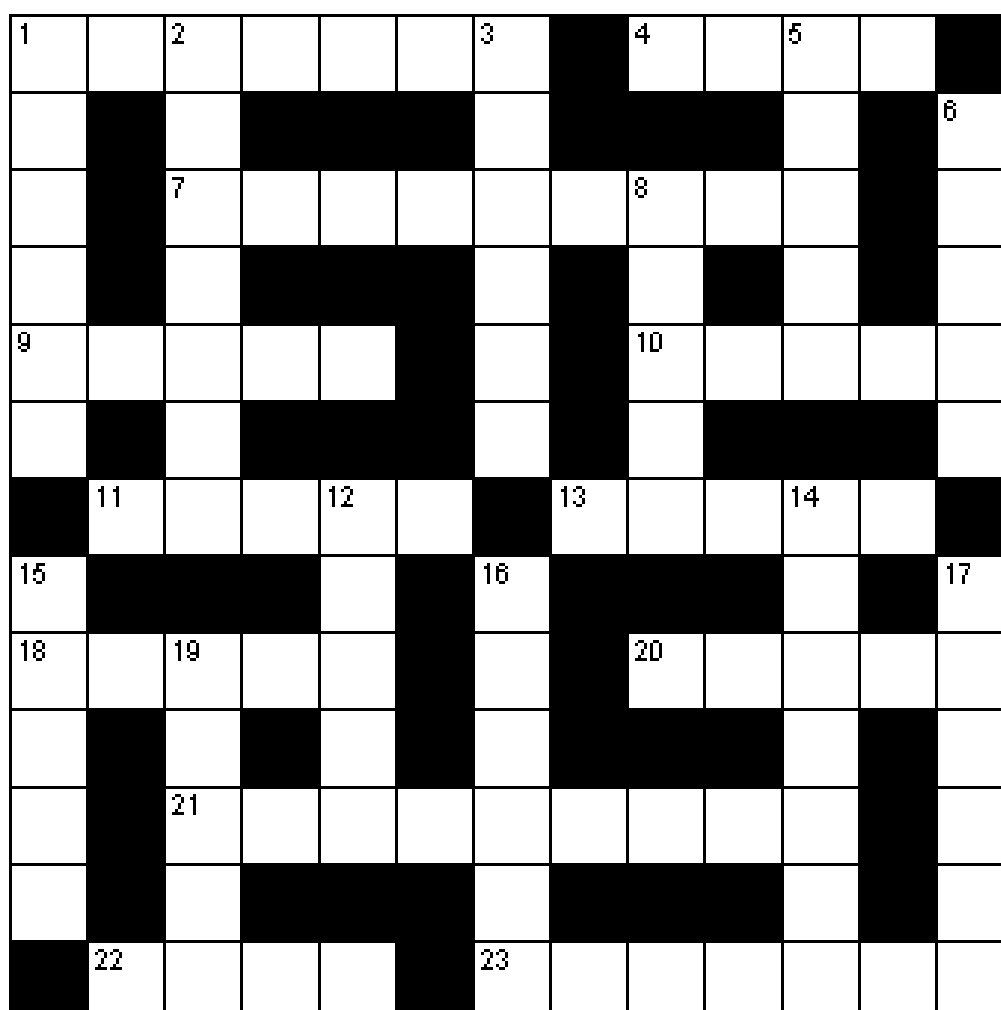
Vicky thanked the PCC for their attendance and closed the meeting with the Grace.

Are you good with faces?

Have you noticed that the board at the back of the church with leaves and photos is rather out of date? One teenager has grown up a lot since the photo was added! Now that events are happening again, we need more space for posters, and could use less of the board for photos, but this is still important. Is there someone who would like to take photos of people whose faces need to be known (a list would be provided), label them and rearrange our board? If this is something you would be willing to help with please contact Kate at stjameswe.office@gmail.com



Crossword for March 2022



Across

1. Capital of 15 Down (7)
4. Famous Italian Leaning Tower (4)
7. River in southwestern Asia (9)
9. Famous San Antonio mission (5)
10. State in New England (5)
11. A state in the Rocky Mountains (5)
13. Italian city, famous for its ham (5)
18. German city (5)
20. Capital of Jordan (5)
21. Capital of Scotland (9)
22. Honolulu is on this island (4)
23. State capital of 10 Across (7)

Down

1. Capital of the Bahamas (6)
2. Reykjavik is the capital (7)
3. Country on the Mediterranean (6)
5. Japanese cuisine (5)
6. Mountain range running along the Pacific coast (5)
8. Florida resort city (5)
12. Capital of Vietnam (5)
14. Largest city of Tennessee (7)
15. East African country (5)
16. Banjul is the capital (6)
17. Capital of Turkey (6)
19. Ancient city in Tuscany (5)

Kingdom Kids



Luke 9.28-36,(37-43)

Jesus takes his disciples for a mountaintop experience they will not forget, and one that shows them that he is the Son of God.



The disciples are still amazed by what they saw at the top of the mountain, as they return to normal life.



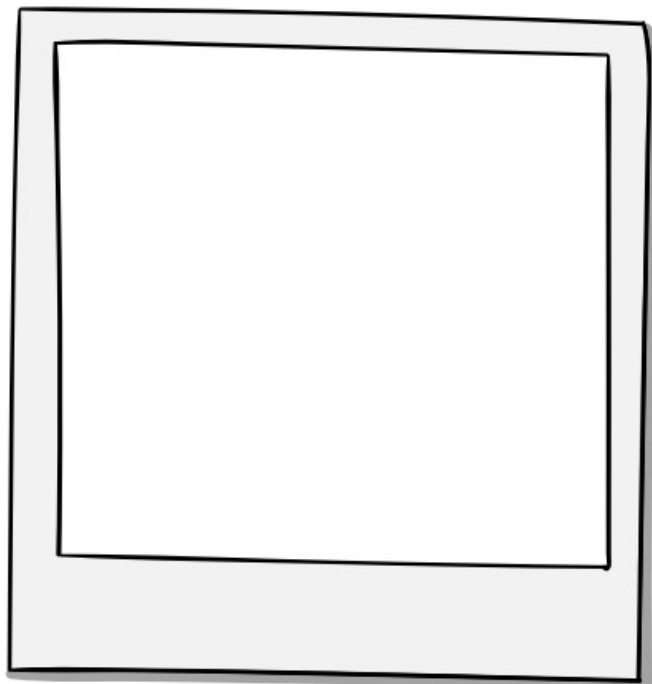
Circle the seven differences between these two pictures.



Create a calligram poem: make a mountain shape just using some of the main words which have inspired you from this week's passage.



Draw a picture of the most amazing thing which has ever happened to you!



March Tree Trail

During March we are exploring the stories we hear during Holy Week

At the Welcome tree you can read how Jesus was tempted in the wilderness and in the box we you will find stones, we invite you to decorate them and turn them into stones of love and place them in the tray of sand.

At the Faith tree you can read the story of Palm Sunday and how Jesus entered Jerusalem. In the box we invite you to draw around your hand, cut it out and tie it to the tree as reminder that the crowds waved palm branches as Jesus entered Jerusalem.

Moving on to the Thankyou tree we continue to hear how in the week before Easter Jesus spent time with his friends and the story of a special gift. In the box

Decorate a small bottle to take home to remind you of the story.

At the Praise tree we hear about the last meal that Jesus had with his friends and how we still celebrate this in church now.

In the box. We invite you tie a ribbon to the tree to give thanks for a special time you have shared with someone.

Finally at the Worry tree we hear how Jesus spent time praying in the garden of Gethsemane before he was arrested. Good Friday is the day we remember how Jesus died on the cross, but we know this wasn't the end of the story. Easter Sunday is a day of celebration of the resurrection. In the box we invite you to decorate a cross with stickers to show the new life that came after the cross and tie it to the tree.

Solution for February Crossword

G	A	Z	E	L	L	E		T	I	C	K	S
O		E		E						L		H
R	I	B		E		S		A		A	P	E
I		R		C	A	T		V		W		E
L	O	A	C	H		A	R	I	E	S		P
L						G		A				
A	N	G	O	R	A		A	N	T	L	E	R
				O		P						O
D		C	O	A	T	I		A	P	H	I	D
U		O		C		K	I	D		I		E
C	U	B		H		E		D		P	E	N
K		R						E		P		T
S	N	A	K	E		P	A	R	R	O	T	S



WEST END CORONAVIRUS SUPPORT

This group has a Facebook page called "West End Coronavirus Support Group" and residents can also contact Julie Haylett, the organiser, on 028 8047 0610.

They have also collected shopping and other essentials thanks to the volunteers in the group who are offering their time to help other in need within their community.

The team are also working with local fish and chip shops in West End on a Wednesday and have been delivering meals to those who are currently stuck inside.

Church of England Telephone Line



If you know of someone who doesn't have access to online services the Church of England have launched a free national telephone line offering music, prayers and reflections as well as full services. It is available 24 hours a day on **0800 804 8044**. Callers will hear a special greeting from the Archbishop before being able to choose from a range of options including hymns, prayers and reflections. Please do let anyone know who might find this helpful.

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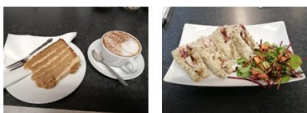


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Director of Music

stjameswe.music@gmail.com

Burial Ground Officer

Vacant at present
Please contact the Vicar

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023 8046 4773

Churches Together

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Mrs Hazel Moore

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Mrs Margaret Baker
023 8047 6163

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Mr David Forster
023 8047 3935

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Mr Andrew Brooks

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stjameswe.magazine@gmail.com

Hope Committee

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023 8046 5592

Saint James' School

Mrs Michelle Marsh
023 8090 0995

We are actively looking for copy for future magazines, so do pass on any articles or stories of what is happening, good news stories and special memories, to our email address:

stjameswe.magazine@gmail.com

Please do continue to visit our Facebook page and website to see what is happening at St James' as we are still very much creating and looking at ways to engage with everyone:

<https://www.facebook.com/stjameschurchwestend/> and <http://www.stjameswestend.org.uk/>

We'd also love to hear from you, so do contact us

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