

The Nineteenth Sunday after Trinity

Eucharist

HYMN: 453 Lord enthroned in heavenly splendour

Lord, enthroned in heavenly splendour,
first-begotten from the dead.

Thou alone, our strong defender,
liftest up thy people's head.

Alleluia! Alleluia!

Jesus, true and living bread!

Here our humblest homage pay we,
here in loving reverence bow;
here for faith's discernment pray we,
lest we fail to know thee now.

Alleluia! Alleluia!

Thou art here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
branch and flower of Jesse's stem.

Alleluia! Alleluia!

We in worship join with them.

Paschal Lamb, thine offering, finished
once for all when thou was slain,
in its fullness undiminished
shall for evermore remain.

Alleluia! Alleluia!

Cleansing souls from every stain.

Life-imparting heavenly Manna,
stricken Rock with streaming side,
heaven and earth with loud hosanna
worship thee, the Lamb who died.

Alleluia! Alleluia!

Risen, ascended, glorified!

George Huge Bourne (1840-1925)

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Lord be with you.

and also with you.

PRAYERS OF PENITENCE

The people are invited to reflect on their sins. We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal,
through Jesus Christ our Lord.
Amen.

THE GLORIA is sung.

**Glory to God, Glory to God, Glory to God in the highest.
Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.**

**Glory to God, Glory to God, Glory to God in the highest.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**Glory to God, Glory to God, Glory to God in the highest.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Glory to God, Glory to God, Glory to God in the highest.**

THE COLLECT

O God, forasmuch as without you
we are not able to please you;
mercifully grant that your Holy Spirit
may in all things direct and rule our hearts;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

NEW TESTAMENT READING: Hebrews 4:12-end

Indeed, the word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. ¹³And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

¹⁴ Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. ¹⁵For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. ¹⁶Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

This is the word of the Lord.

Thanks be to God.

GOSPEL READING: Mark 10:17-31

Hear the Gospel of our Lord Jesus Christ according to Mark

Glory to you, O Lord.

As he was setting out on a journey, a man ran up and knelt before him, and asked him, 'Good Teacher, what must I do to inherit eternal life?' ¹⁸Jesus said to him, 'Why do you call me good? No one is good but God alone. ¹⁹You know the commandments: "You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother." ' ²⁰He said to him, 'Teacher, I have kept all these since my youth.' ²¹Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.' ²²When he heard this, he was shocked and went away grieving, for he had many possessions.

²³ Then Jesus looked around and said to his disciples, 'How hard it will be for those who have wealth to enter the kingdom of God!' ²⁴And the disciples were perplexed at these words. But Jesus said to them again, 'Children, how hard it is to enter the kingdom of God! ²⁵It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.' ²⁶They were greatly astounded and said to one another, 'Then who can be saved?' ²⁷Jesus looked at them and said, 'For mortals it is impossible, but not for God; for God all things are possible.'

²⁸ Peter began to say to him, 'Look, we have left everything and followed you.' ²⁹Jesus said, 'Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, ³⁰who will not receive a hundredfold now in this age—

houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. ³¹But many who are first will be last, and the last will be first.'

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON

APOSTLES CREED

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen**

PRAYERS OF INTERCESSION

Response:

Lord in your mercy

Hear our prayer

At the end:

Merciful Father,
**accept these prayers for the sake of Your Son,
our Saviour, Jesus Christ.**

Amen

THE PEACE

The priest introduces the peace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

HYMN: 592 As the deer pants for water

As the deer pants for the water,
So my soul longs after you,
You alone are my heart's desire,
And I long to worship You.

*You alone are my strength my shield,
To You alone may my spirit yield,
You alone are my heart's desire,
And I long to worship you.*

I want you more than gold or silver,
Only you can satisfy,
You alone are the real joy-giver,
And the apple of my eye.

You're my friend and you're my Brother,
Even though you are a King,
I love You more than any other,
So much more than anything.

Martin J. Nystrom (b.1956)

THE EUCHARISTIC PRAYER

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

The priest praises God for his mighty acts.

We sing the Sanctus:

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The priest recalls the Last Supper.

Great is the mystery of faith:

Christ has died:

**Christ is risen:
Christ will come again.**

The Prayer continues.

At the end we respond:
Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins,
as we forgive those who sin against us.**

**Lead us not into temptation;
but deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and forever.**

Amen.

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

We sing the Agnus Dei:

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
But only say the word, and I shall be healed.**

GIVING OF COMMUNION

You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may I know you more clearly,

love you more dearly,
and follow you more nearly, day by day.
Amen.

Hymn 464 Sweet Sacrament divine & 471 We pray thee, heavenly Father are sung during the giving of Communion.

PRAYER AFTER COMMUNION

Holy and blessed God,
you have fed us with the body and blood of your Son
and filled us with your Holy Spirit:
may we honour you,
not only with our lips
but in lives dedicated to the service
of Jesus Christ our Lord.
Amen

**Almighty God,
We thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies,
to be a living sacrifice.
Send us out in the power of your Spirit,
to live and work to your praise and glory.
Amen.**

HYMN: 748 O Jesus, I have promised

O Jesus, I have promised
to serve thee to the end:
be thou for ever near me,
my Master and my Friend;
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.

O let me feel thee near me:
the world is ever near;
I see the sights that dazzle,
the tempting sounds I hear;
my foes are ever near me,
around me and within;
but, Jesus, draw thou nearer,
and shield my soul from sin.

O let me hear thee speaking
in accents clear and still,
above the storms of passion,
the murmurs of self-will;

O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus I have promised
to serve thee to the end;
O give me grace to follow,
my Master and my Friend.

O let me see thy foot-marks,
and in them plant mine own;
My hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

John Ernest Bode (1816 – 1874)

THE BLESSING

A blessing is given.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

The ministers depart. An organ voluntary is played.

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.