

# The Seventh Sunday after Trinity

## Eucharist

18<sup>th</sup> July 2021

**HYMN: 765 Praise to the Lord, the Almighty**

*All stand as the ministers process in.*

Praise to the Lord, the Almighty,  
the King of creation;  
O my soul, praise him, for he is  
they health and salvation:  
all ye who hear,  
now to his temple draw near,  
joining in glad adoration.

Praise to the Lord, who o'er all things  
so wondrously reigneth,  
shieldeth thee gently from harm, or  
when fainting sustaineth:  
hast thou not seen  
how thy heart's wishes have been  
granted in what he ordaineth?

Praise to the Lord, who doth prosper  
they work and defend thee;  
surely his goodness and mercy  
shall daily attend thee:  
ponder anew  
what the Almighty can do,  
if to end he befriend thee.

Praise to the Lord! O let that  
is in me adore him!  
all that hath life and breath, come now  
with praises before him"  
let the Amen  
sound from his people again:  
gladly for aye we adore him!

*Joachim Neander (1650 – 1680)*

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

## **PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins. We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.  
**Amen.**

**THE GLORIA** is sung by the choir.

## **THE COLLECT**

Lord of all power and might,  
the author and giver of all good things:  
graft in our hearts the love of your name,  
increase in us true religion,  
nourish us with all goodness,  
and of your great mercy keep us in the same;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

## **NEW TESTAMENT READING: Ephesians 2: 11 – end**

So then, remember that at one time you Gentiles by birth, called ‘the uncircumcision’ by those who are called ‘the circumcision’—a physical circumcision made in the flesh by human hands—<sup>12</sup>remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world.<sup>13</sup> But now in Christ Jesus you who once were far off have been brought near by the blood of Christ.<sup>14</sup> For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us.<sup>15</sup> He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace,<sup>16</sup> and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it.<sup>17</sup> So he came and proclaimed peace to you who were far off and peace to those who were near;<sup>18</sup> for through him both of us have access in one Spirit to the Father.<sup>19</sup> So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God,<sup>20</sup> built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone.<sup>21</sup> In him the whole structure is joined together and grows into a holy temple in the Lord;<sup>22</sup> in whom you also are built together spiritually into a dwelling-place for God.

This is the word of the Lord.

**Thanks be to God.**

## **GOSPEL READING: Mark 6: 30 – 34, 53 - end**

Hear the Gospel of our Lord Jesus Christ according to Mark

**Glory to you, O Lord.**

The apostles gathered around Jesus, and told him all that they had done and taught.<sup>31</sup> He said to them, ‘Come away to a deserted place all by yourselves and rest a while.’ For many were coming and going, and they had no leisure even to eat.<sup>32</sup> And they went away in the boat to a deserted place by themselves.<sup>33</sup> Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them.<sup>34</sup> As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

<sup>53</sup> When they had crossed over, they came to land at Gennesaret and moored the boat.<sup>54</sup> When they got out of the boat, people at once recognized him,<sup>55</sup> and rushed about that whole region and began to bring the sick on mats to wherever they heard he was.<sup>56</sup> And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **SERMON**

### **APOSTLES CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen**

### **PRAYERS OF INTERCESSION**

*Response:*

Lord in your mercy

**Hear our prayer**

*At the end:*

Merciful Father,

**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**

**Amen**

### **THE PEACE**

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

### **HYMN: 608 Christ is our corner-stone**

Christ is our corner-stone,  
On him alone we build;  
With his saints alone  
The courts of heaven are filled:  
On his great love  
Our hopes we place  
Of present grace  
And joys above.

O then with hymns of praise

These hallowed courts shall ring;  
Our voices we will raise  
The Three in One to sing;  
And thus proclaim  
In joyful song,  
Both loud and long,  
That glorious name.

Here, gracious God, do thou  
For evermore draw nigh;  
Accept each faithful vow,  
And mark each suppliant sigh;  
In copious shower  
On all who pray  
Each holy day  
Thy blessings pour.

Here may we gain from heaven  
The grace which we implore;  
And may that grace, once given,  
Be with us evermore,  
Until that day  
When all the blest  
To endless rest  
Are called away.

*John Chandler (1806 – 1876)*

## **THE EUCHARISTIC PRAYER**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*The priest praises God for his mighty acts.*

*The choir sing the Sanctus:*  
Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*The priest recalls the Last Supper.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The Prayer continues.*

*At the end we respond:*

**Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray

**Our Father in heaven,**

**hallowed be your name;**

**your kingdom come;**

**your will be done;**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,**

**as we forgive those who sin against us.**

**Lead us not into temptation;**

**but deliver us from evil.**

**For the kingdom, the power**

**and the glory are yours,**

**now and forever.**

**Amen.**

We break this bread

to share in the body of Christ.

**Though we are many, we are one body,**

**because we all share in one bread.**

*The choir sing the Agnus Dei:*

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**But only say the word, and I shall be healed.**

## **GIVING OF COMMUNION**

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother, may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*604 'Brother, sister, let me serve you' & 794 'The King of love my shepherd is' are sung during communion.*

### **PRAYER AFTER COMMUNION**

Lord God, whose Son is the true vine and the source of life,  
ever giving himself that the world may live:  
may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory and be made perfect in his love;  
for he is alive and reigns, now and for ever.  
**Amen.**

### **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The ministers depart. An organ voluntary is played.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.