

# The Sixth Sunday after Trinity

## Eucharist

11<sup>th</sup> July 2021

**HYMN: 619 Come, ye faithful, raise the anthem**

*All stand as the ministers process in.*

Come, ye faithful, raise the anthem,  
cleve the skies with shouts of praise;  
sing to him who found the ransom,  
ancient of eternal Days,  
God of God, the Word incarnate,  
whom the heaven of heaven obeys.

Ere he raised the lofty mountains,  
formed the seas, or built the sky,  
love eternal, free, and boundless,  
moved the Lord of life to die,  
fore – ordained the Prince of princes,  
for the throne of Calvary.

There, for us and our redemption,  
see him all his life blood pour!  
there he wins our full salvation,  
dies that we may die no more;  
then, arising, lives for ever,  
reigning where he was before.

Laud and honour to the Father,  
laud and honour to the Son,  
laud and honour to the Spirit,  
ever Three and ever One,  
consubstantial, so-eternal,  
while unending ages run.

*Job Hupton (1762 – 1849) & John Neale (1818 - 1866)*

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

**PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins. We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.  
**Amen.**

**THE GLORIA** is sung by the choir.

#### **THE COLLECT**

Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

**NEW TESTAMENT READING: Ephesians 1: 3 – 14**

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup>just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. <sup>5</sup>He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, <sup>6</sup>to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup>In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace <sup>8</sup>that he lavished on us. With all wisdom and insight <sup>9</sup>he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup>as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. <sup>11</sup>In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup>so that we, who were the first to set our hope on Christ, might live for the praise of his glory. <sup>13</sup>In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; <sup>14</sup>this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the word of the Lord.

**Thanks be to God.**

### **GOSPEL READING: Mark 6: 14 - 29**

Hear the Gospel of our Lord Jesus Christ according to Mark  
**Glory to you, O Lord.**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' <sup>15</sup>But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' <sup>16</sup>But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

<sup>17</sup> For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. <sup>18</sup>For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' <sup>19</sup>And Herodias had a grudge against him, and wanted to kill him. But she could not, <sup>20</sup>for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. <sup>21</sup>But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. <sup>22</sup>When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' <sup>23</sup>And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' <sup>24</sup>She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' <sup>25</sup>Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' <sup>26</sup>The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. <sup>27</sup>Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, <sup>28</sup>brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. <sup>29</sup>When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**SERMON**

## **APOSTLES CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen**

## **PRAYERS OF INTERCESSION**

*Response:*

Lord in your mercy

**Hear our prayer**

*At the end:*

Merciful Father,  
**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**

**Amen**

## **THE PEACE**

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

## **HYMN: 506 The church's one foundation**

The church's one foundation  
Is Jesus Christ her Lord;  
She is his new creation  
By water and the word;  
From heaven he came and sought her  
To be his holy Bride;

With his own blood he bought her,  
And for her life he died.

Elect from every nation,  
Yet one o'er all the earth,  
Her charter of salvation  
One Lord, one faith, one birth;  
One holy name she blesses,  
Partakes one holy food,  
And to one hope she presses  
With every grace endued.

Though with a scornful wonder  
Men see her sore opprest,  
By schisms rent asunder,  
By heresies distrest;  
Yet saints their watch are keeping,  
Their cry goes up, 'How long?'  
And soon the night of weeping  
Shall be the morn of song.

'Mid toil and tribulation,  
And tumult of her ward,  
She waits the consummation  
Of peace for evermore;  
Till with eh vision glorious  
Her longing eyes are blest,  
And the great church victorious  
Shall be the church at rest.

Yet she on earth hath union  
With God the Three in One,  
And mystic sweet communion  
With those whose rest is won:  
O happy one and holy!  
Lord, give us grace that we,  
Like them, the meek and lowly,  
On high may dwell with thee.

Samuel John Stone (1832 – 1900)

### **THE EUCHARISTIC PRAYER**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The priest praises God for his mighty acts.*

*The choir sing the Sanctus:*

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*The priest recalls the Last Supper.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The Prayer continues.*

*At the end we respond:*

**Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and forever.  
Amen.**

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The choir sing the Agnus Dei:*

Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace.

Jesus is the lamb of God  
Who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
But only say the word, and I shall be healed.**

### **GIVING OF COMMUNION**

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother, may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*437 'Come to me', says Jesus' & 451 'Just as I am, without one plea' are sung during communion*

### **PRAYER AFTER COMMUNION**

God of our pilgrimage,  
you have led us to the living water:  
refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
**Amen.**

### **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The ministers depart. An organ voluntary is played.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our

Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.