

# The First Sunday after Trinity

## Eucharist

6<sup>th</sup> June 2021

**HYMN: 2 Christ, whose glory fills the skies**

*All stand as the ministers process in.*

Christ whose glory, fills the skies,  
Christ, the true, the only light,  
Sun of Righteousness, arise,  
Triumph o'er the shades of night;  
Dayspring from on high, be near;  
Daystar in my heart appear.

Dark and cheerless si the morn,  
Unaccompanied by thee;  
Joyless is the day's return,  
Till thy mercy's beams I see,  
Till thy inward light impart,  
Glad my eyes, and warm my heart.

Visit then this soul of mine,  
Pierce the gloom of sin and grief;  
Fill me, radiancy divine,  
Scatter all my unbelief;  
More and more thyself display,  
Shining to the perfect day.

Charles Wesley (1707 – 1788)

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

### **PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins. We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour**

in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.  
Amen.

**THE GLORIA** is sung by the choir.

#### **THE COLLECT**

O God,  
the strength of all those who put their trust in you,  
mercifully accept our prayers  
and, because through the weakness of our mortal nature  
we can do no good thing without you,  
grant us the help of your grace,  
that in the keeping of your commandments  
we may please you both in will and deed;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

Amen.

#### **NEW TESTAMENT READING: 2 Corinthians 4:13 – 5:1**

<sup>13</sup> But just as we have the same spirit of faith that is in accordance with scripture—'I believed, and so I spoke'—we also believe, and so we speak, <sup>14</sup>because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. <sup>15</sup>Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

<sup>16</sup> So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. <sup>17</sup>For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, <sup>18</sup>because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

5 For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

This is the word of the Lord.

**Thanks be to God.**

### **GOSPEL READING: Mark 3: 20 - end**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

<sup>20</sup>and the crowd came together again, so that they could not even eat. <sup>21</sup>When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.' <sup>22</sup>And the scribes who came down from Jerusalem said, 'He has Beelzebul, and by the ruler of the demons he casts out demons.' <sup>23</sup>And he called them to him, and spoke to them in parables, 'How can Satan cast out Satan? <sup>24</sup>If a kingdom is divided against itself, that kingdom cannot stand. <sup>25</sup>And if a house is divided against itself, that house will not be able to stand. <sup>26</sup>And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. <sup>27</sup>But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

<sup>28</sup> 'Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; <sup>29</sup>but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin' — <sup>30</sup>for they had said, 'He has an unclean spirit.'

<sup>31</sup> Then his mother and his brothers came; and standing outside, they sent to him and called him. <sup>32</sup>A crowd was sitting around him; and they said to him, 'Your mother and your brothers and sisters are outside, asking for you.' <sup>33</sup>And he replied, 'Who are my mother and my brothers?' <sup>34</sup>And looking at those who sat around him, he said, 'Here are my mother and my brothers! <sup>35</sup>Whoever does the will of God is my brother and sister and mother.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

### **SERMON**

### **APOSTLES CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,**

**the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen**

### **PRAYERS OF INTERCESSION**

*Response:*

Lord in your mercy

**Hear our prayer**

*At the end:*

Merciful Father,

**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**

**Amen**

### **THE PEACE**

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

### **HYMN: 608 Christ is our corner-stone**

Christ is our corner-stone,  
On him alone we build;  
With his true saints alone  
The courts of heaven are filled:  
On his great love  
Our hopes we place  
Of present grace  
And joys above.

O then with hymns of praise  
These hallowed courts shall ring;  
Our voices we will raise  
The Three inOne to sing;  
And thus proclaim  
In joyful song  
Both loud and long  
That glorious name.

Here, gracious God, do thou  
For evermore draw nigh;  
Accept each faithful vow,

And mark each suppliant sign;  
In copious shower  
On all who pray  
Each holy day  
Their blessings pour.

Here may we gain from heaven  
The grace which we implore;  
And may that grace, once given,  
Be with us evermore,  
Until that day  
When all the blest  
To endless rest  
Are called away.

John Chandler (1806 – 1876)

### **THE EUCHARISTIC PRAYER**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*The priest praises God for his mighty acts.*

*The choir sing the Sanctus:*  
Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*The priest recalls the Last Supper.*

Great is the mystery of faith:  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

*The Prayer continues.*

*At the end we respond:*  
**Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name;**

**your kingdom come;**

**your will be done;**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,**

**as we forgive those who sin against us.**

**Lead us not into temptation;**

**but deliver us from evil.**

**For the kingdom, the power**

**and the glory are yours,**

**now and forever.**

**Amen.**

We break this bread

to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The choir sing the Agnus Dei:*

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**But only say the word, and I shall be healed.**

## GIVING OF COMMUNION

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may I know you more clearly,

love you more dearly,

and follow you more nearly, day by day.

Amen.

*The hymns 460 O thou, who at thy Eucharist didst pray & 839 Kindle a flame to lighten the dark are sung during communion*

## **PRAYER AFTER COMMUNION**

Eternal Father,  
we thank you for nourishing us  
with these heavenly gifts:  
may our communion strengthen us in faith,  
build us up in hope,  
and make us grow in love;  
for the sake of Jesus Christ our Lord.

**Amen.**

## **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The ministers depart. An organ voluntary is played.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.