

# Eucharist – 2<sup>nd</sup> before Lent

7<sup>th</sup> February 2021

**OPENING HYMN: All creatures of our God and King**

*sung by St Martin's Voices*

- 1 All creatures of our God and King  
lift up your voice and with us sing  
Alleluia, alleluia.  
Thou burning sun with golden beam,  
thou silver moon with softer gleam,  
*O praise him, O praise him,  
alleluia, alleluia, alleluia.*
  
- 2 Thou rushing wind that art so strong,  
ye clouds that sail in heaven along,  
O praise him, alleluia.  
Thou rising morn, in praise rejoice,  
ye lights of evening, find a voice;  
*Chorus*
  
- 3 Thou flowing water, pure and clear,  
make music for thy Lord to hear,  
Alleluia, alleluia.  
Thou fire so masterful and bright,  
that givest hearts both warmth and light:  
*Chorus*
  
- 4 Dear mother earth, who day by day  
unfoldest blessings on our way,  
O praise him, alleluia.  
The flowers and fruits that in thee grow,  
let them his glory also show:  
*Chorus*
  
- 5 Let all things their Creator bless,  
and worship him in humbleness;  
O praise him, alleluia.  
Praise, praise the Father, praise the Son,  
and praise the Spirit, Three in One;  
*Chorus*

*William Henry Draper (1855-1933)*

*based on Laudato sii, O me signore St Francis of Assisi's Canticle of the Sun*

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

### **PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins. We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.  
**Amen.**

**THE GLORIA** is said.

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,

with the Holy Spirit,  
in the glory of God the Father.

**Amen.**

**COLLECT**

Almighty God,  
you have created the heavens and the earth  
and made us in your own image:  
teach us to discern your hand in all your works  
and your likeness in all your children;  
through Jesus Christ your Son our Lord,  
who with you and the Holy Spirit reigns supreme over all things,  
now and for ever.

**Amen.**

**NEW TESTAMENT READING - Colossians 1:15-20**

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

This is the word of the Lord.

**Thanks be to God.**

**GOSPEL READING John 1:1-14**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world.

He was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man, but of God.

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## SERMON

### APOSTLES CREED

I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

### PRAYERS OF INTERCESSION

*Response:*

Lord in your mercy  
**Hear our prayer**

*At the end:*

Merciful Father,  
**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**  
Amen

### THE PEACE

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

### **HYMN: O worship the King**

*sung by St Martin's Voices*

1 O worship the King all glorious above;  
O gratefully sing his power and his love;

our shield and defender, the Ancient of Days,  
pavilioned in splendour and girded with praise.

2 O tell of his might, O sing of his grace,  
whose robe is the light, whose canopy space;  
his chariots of wrath the deep thunder clouds form,  
and dark is his path on the wings of the storm..

3 Thy bountiful care what tongue can recite?  
It breathes in the air, it shines in the light;  
it streams from the hills, it descends to the plain,  
and sweetly distils in the dew and the rain.

4 Frail children of dust and feeble as frail,  
in thee do we trust, nor find thee to fail;  
thy mercies how tender, how firm to the end!  
our maker, defender, redeemer, and friend.

5 O measureless might, ineffable love,  
while angels delight to hymn thee above,  
thy humbler creation, though feeble their lays,  
with true adoration shall sing to thy praise.

*William Kethe (fl.1559-1594), Robert Grant (1779-1838)*

## **THE EUCHARISTIC PRAYER**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The priest praises God for his mighty acts and we respond:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The priest recalls the Last Supper.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:  
Christ will come again.**

*The Prayer continues.*

*At the end we respond:*  
**Amen.**

### **THE LORD'S PRAYER**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name;  
your kingdom come;  
your will be done;  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,  
as we forgive those who sin against us.**

**Lead us not into temptation;  
but deliver us from evil.**

**For the kingdom, the power  
and the glory are yours,  
now and forever.**

**Amen.**

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
But only say the word, and I shall be healed.**

### **GIVING OF COMMUNION**

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother, may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*The anthem is sung, Fairest Lord Jesus by How.*

### **PRAYER AFTER COMMUNION**

God our creator,  
by your gift  
the tree of life was set at the heart of the earthly paradise,  
and the bread of life at the heart of your Church:  
may we who have been nourished at your table on earth  
be transformed by the glory of the Saviour's cross  
and enjoy the delights of eternity;  
through Jesus Christ our Lord.

**Amen.**

### **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*The ministers depart. An organ voluntary is played.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.