Eucharist – Fourth Sunday of Advent

20th December 2020

Welcome and notices

The organ is played as the ministers' process in.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Lord be with you. and also with you.

LIGHTING OF THE ADVENT WREATH

PRAYERS OF PENITENCE

The people are invited to reflect on their sins.

We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault.

We are truly sorry and repent of all our sins.

For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name.

Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal, through Jesus Christ our Lord.

Amen.

COLLECT

God our redeemer,
who prepared the Blessed Virgin Mary
to be the mother of your Son:
grant that, as she looked for his coming as our saviour,
so we may be ready to greet him
when he comes again as our judge;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

NEW TESTAMENT READING - Romans 16:25-end

25 Now to God who is able to strengthen you according to my gospel and the proclamation of Jesus Christ, according to the revelation of the mystery that was kept secret for long ages ²⁶but is now disclosed, and through the prophetic writings is made known to all the Gentiles, according to the command of the eternal God, to bring about the obedience of faith— ²⁷to the only wise God, through Jesus Christ, to whom be the glory for ever! Amen.

This is the word of the Lord.

Thanks be to God.

GOSPEL READING Luke 1:26-38

Hear the Gospel of our Lord Jesus Christ according to Luke.

Glory to you, O Lord.

26 In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, 27to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. 28And he came to her and said, 'Greetings, favoured one! The Lord is with you.' 29But she was much perplexed by his words and pondered what sort of greeting this might be. 30The angel said to her, 'Do not be afraid, Mary, for you have found favour with God. 31And now, you will conceive in your womb and bear a son, and you will name him Jesus. 32He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. 33He will reign over the house of Jacob for ever, and of his kingdom there will be no end.' 34Mary said to the angel, 'How can this be, since I am a virgin?' 35The angel said to her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. 36And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. 37For nothing will be impossible with God.' 38Then Mary said, 'Here am I, the servant of the Lord; let it be with me according to your word.' Then the angel departed from her.

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON

APOSTLES CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Response: Lord in your mercy Hear our prayer

At the end:
Merciful Father,
accept these prayers for the sake of Your Son,
our Saviour, Jesus Christ.
Amen

THE PEACE

The priest introduces the peace.

The peace of the Lord be always with you and also with you.
Let us offer one another a sign of peace.

The hymn 'O come, O come Emmanuel' is sung while the altar is prepared.

THE EUCHARISTIC PRAYER

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

The priest praises God for his mighty acts and we respond:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The priest recalls the Last Supper.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

The Prayer continues.

At the end we respond:

Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray Our Father in heaven, hallowed be your name;

your kingdom come;

your will be done;

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,

as we forgive those who sin against us.

Lead us not into temptation;

but deliver us from evil.

For the kingdom, the power

and the glory are yours,

now and forever.

Amen.

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Jesus is the lamb of God
Who takes away the sin of the world.
Blessed are those who are called to his supper.
Lord, I am not worthy to receive you,
But only say the word, and I shall be healed.

GIVING OF COMMUNION

You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day.

Amen.

The hymns 'The Angel Gabriel' and 'Long ago prophets knew' are sung.

PRAYER AFTER COMMUNION

Heavenly Father, who chose the Blessed Virgin Mary to be the mother of the promised saviour: fill us your servants with your grace, that in all things we may embrace your holy will and with her rejoice in your salvation; through Jesus Christ our Lord.

Amen.

THE BLESSING

A blessing is given.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.
The ministers depart. An organ voluntary is played.
Spiritual Communion.
The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.
The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).
The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.