

# Eucharist Trinity 11

23<sup>rd</sup> August 2020

Welcome and notices

*The first verse of the recorded hymn 'Lift High the Cross' sung by St Martin in the Field's Choir is played and the ministers process in.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

## **PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins.*

*We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.  
**Amen.**

**The GLORIA is sung by a solo voice**

**COLLECT**

O God, you declare your almighty power  
most chiefly in showing mercy and pity:  
mercifully grant to us such a measure of your grace,  
that we, running the way of your commandments,  
may receive your gracious promises,  
and be made partakers of your heavenly treasure;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

**OLD TESTAMENT READING** Isaiah 51:1-6

<sup>1</sup> Listen to me, you that pursue righteousness,  
you that seek the LORD.

Look to the rock from which you were hewn,  
and to the quarry from which you were dug.

<sup>2</sup> Look to Abraham your father  
and to Sarah who bore you;  
for he was but one when I called him,  
but I blessed him and made him many.

<sup>3</sup> For the LORD will comfort Zion;  
he will comfort all her waste places,  
and will make her wilderness like Eden,  
her desert like the garden of the LORD;  
joy and gladness will be found in her,  
thanksgiving and the voice of song.

<sup>4</sup> Listen to me, my people,  
and give heed to me, my nation;  
for a teaching will go out from me,  
and my justice for a light to the peoples.

<sup>5</sup> I will bring near my deliverance swiftly,  
my salvation has gone out  
and my arms will rule the peoples;  
the coastlands wait for me,  
and for my arm they hope.

<sup>6</sup> Lift up your eyes to the heavens,  
and look at the earth beneath;  
for the heavens will vanish like smoke,  
the earth will wear out like a garment,  
and those who live on it will die like gnats;  
but my salvation will be for ever,  
and my deliverance will never be ended.

This is the word of the Lord.

**Thanks be to God.**

**GOSPEL READING** Matthew 16:13-20

Alleluia, alleluia. (*sung by solo voice*)

Speak, Lord, for your servant is listening.

You have the words of eternal life.

*1 Samuel 3:9, John 6:68*

**Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

<sup>13</sup> Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' <sup>14</sup>And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' <sup>15</sup>He said to them, 'But who do you say that I am?' <sup>16</sup>Simon Peter answered, 'You are the Messiah, the Son of the living God.' <sup>17</sup>And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. <sup>18</sup>And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. <sup>19</sup>I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' <sup>20</sup>Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**SERMON**

**APOSTLES CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,**

**who was conceived by the Holy Spirit,**

**born of the Virgin Mary,**

**suffered under Pontius Pilate,**

**was crucified, died, and was buried;**

**he descended to the dead.**

**On the third day he rose again;**

**he ascended into heaven,**

**he is seated at the right hand of the Father,**

**and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and the life everlasting.**

**Amen.**

## **PRAYERS OF INTERCESSION**

*Response:*

Lord in your mercy

**Hear our prayer**

*At the end:*

Merciful Father,

**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**

**Amen**

## **THE PEACE**

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*The recorded hymn 'Firmly I Believe and Truly' is played while the altar is prepared.*

## **THE EUCHARISTIC PRAYER**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The priest praises God for his mighty acts and we respond:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The priest recalls the Last Supper.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The Prayer continues.  
At the end we respond:*

**Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray  
**Our Father in heaven, hallowed be your name;  
your kingdom come;  
your will be done; on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation;  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and forever.  
Amen.**

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

Jesus is the lamb of God  
Who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
But only say the word, and I shall be healed.**

## **GIVING OF COMMUNION**

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother, may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*The anthems 'Christ has no Body' and 'Blessed Bread' are played while the congregation receive the sacrament.*

## **PRAYER AFTER COMMUNION**

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The recorded hymn 'The Kingdom of God is Justice and Joy' is played and the ministers depart.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.