

Eucharist Trinity 10

16th August 2020

Welcome and notices

The first verse of the recorded hymn 'In Christ there is no East or West' sung by St Martin in the Field's Choir is played and the ministers process in.

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you.
and also with you.

PRAYERS OF PENITENCE

The people are invited to reflect on their sins.

We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal,
through Jesus Christ our Lord.
Amen.

The GLORIA is sung by a solo voice

COLLECT

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

OLD TESTAMENT READING Isaiah 56:1, 6-8

Thus says the LORD:

Maintain justice, and do what is right,
for soon my salvation will come,
and my deliverance be revealed.

⁶ And the foreigners who join themselves to the LORD,
to minister to him, to love the name of the LORD,
and to be his servants,
all who keep the sabbath, and do not profane it,
and hold fast my covenant—

⁷ these I will bring to my holy mountain,
and make them joyful in my house of prayer;
their burnt-offerings and their sacrifices
will be accepted on my altar;
for my house shall be called a house of prayer
for all peoples.

⁸ Thus says the Lord GOD,
who gathers the outcasts of Israel,
I will gather others to them
besides those already gathered.

This is the word of the Lord.

Thanks be to God.

GOSPEL READING Matthew 15:21-28

Alleluia, alleluia. (*sung by solo voice*)

Speak, Lord, for your servant is listening.

You have the words of eternal life.

1 Samuel 3:9, John 6:68

Alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

²¹ Jesus left that place and went away to the district of Tyre and Sidon. ²² Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' ²³ But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' ²⁴ He answered, 'I was sent only to the lost sheep of the house of Israel.' ²⁵ But she came and knelt before him, saying, 'Lord, help me.' ²⁶ He answered, 'It is not fair to take the children's food and throw it to the dogs.' ²⁷ She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' ²⁸ Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON

APOSTLES CREED

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

PRAYERS OF INTERCESSION

Response:

Lord in your mercy

Hear our prayer

At the end:

Merciful Father,

**accept these prayers for the sake of Your Son,
our Saviour, Jesus Christ.**

Amen

THE PEACE

The priest introduces the peace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

The recorded hymn 'There's a Wideness in God's Mercy' is played while the altar is prepared.

THE EUCHARISTIC PRAYER

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

The priest praises God for his mighty acts and we respond:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The priest recalls the Last Supper.

Great is the mystery of faith:

**Christ has died:
Christ is risen:
Christ will come again.**

The Prayer continues.

At the end we respond:

Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray

Our Father in heaven, hallowed be your name;

your kingdom come;

your will be done; on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,

as we forgive those who sin against us.

Lead us not into temptation;

but deliver us from evil.

For the kingdom, the power

and the glory are yours,

now and forever.

Amen.

We break this bread

to share in the body of Christ.

Though we are many, we are one body,

because we all share in one bread.

Lamb of God,

you take away the sins of the world,

have mercy on us.

Lamb of God,

you take away the sins of the world,

have mercy on us.

Lamb of God,

you take away the sins of the world,

grant us peace.

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

Lord, I am not worthy to receive you,

But only say the word, and I shall be healed.

GIVING OF COMMUNION

You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,

for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may I know you more clearly,

love you more dearly,

and follow you more nearly, day by day.

Amen.

The anthems 'Love Divine' and 'God of Hope and Lord of Healing' are played while the congregation receive the sacrament.

PRAYER AFTER COMMUNION

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

THE BLESSING

A blessing is given.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The recorded hymn 'Praise to the Holiest' is played and the ministers depart.

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.