

Eucharist Trinity 9

9th August 2020

Welcome and notices

The first verse of the recorded hymn 'All for Jesus' sung by St Martin in the Field's Choir is played and the ministers process in.

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Lord be with you.
and also with you.

PRAYERS OF PENITENCE

The people are invited to reflect on their sins.

We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal,
through Jesus Christ our Lord.
Amen.

The GLORIA is sung by a solo voice

COLLECT

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

OLD TESTAMENT READING 1 Kings 19:9-18

⁹At that place he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' ¹⁰He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

¹¹He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; ¹²and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. ¹³When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' ¹⁴He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' ¹⁵Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. ¹⁶Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. ¹⁷Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. ¹⁸Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.'

This is the word of the Lord.

Thanks be to God.

GOSPEL READING Matthew 14:22-33

Alleluia, alleluia. *(sung by solo voice)*

Speak, Lord, for your servant is listening.

You have the words of eternal life.

1 Samuel 3:9, John 6:68

Alleluia.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

22 Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. ²³And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, ²⁴but by this time the boat, battered by the waves, was far from the land, for the wind was against them. ²⁵And early in the morning he came walking towards them on the lake. ²⁶But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. ²⁷But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

28 Peter answered him, 'Lord, if it is you, command me to come to you on the water.' ²⁹He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. ³⁰But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' ³¹Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' ³²When they got into the boat, the wind ceased. ³³And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON

APOSTLES CREED

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

PRAYERS OF INTERCESSION

Response:

Lord in your mercy

Hear our prayer

At the end:

Merciful Father,
**accept these prayers for the sake of Your Son,
our Saviour, Jesus Christ.**
Amen

THE PEACE

The priest introduces the peace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

The recorded hymn 'Jesus calls us over the tumult' is played while the altar is prepared.

THE EUCHARISTIC PRAYER

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

The priest praises God for his mighty acts and we respond:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The priest recalls the Last Supper.

Great is the mystery of faith:
**Christ has died:
Christ is risen:
Christ will come again.**

The Prayer continues.
At the end we respond:
Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name;
your kingdom come;
your will be done;
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins,
as we forgive those who sin against us.**

**Lead us not into temptation;
but deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and forever.**

Amen.

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

**Lamb of God,
you take away the sins of the world,
have mercy on us.**

**Lamb of God,
you take away the sins of the world,
have mercy on us.**

**Lamb of God,
you take away the sins of the world,
grant us peace.**

Jesus is the lamb of God
Who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
But only say the word, and I shall be healed.**

GIVING OF COMMUNION

You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,
for all the pains and insults you have borne for me.

Since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may I know you more clearly,

love you more dearly,
and follow you more nearly, day by day.
Amen.

The hymn 'Dear Lord and Father of Mankind' and the anthem 'Walk humbly with your God' are played while the congregation receive the sacrament.

PRAYER AFTER COMMUNION

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

THE BLESSING

A blessing is given.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The recorded hymn 'Jesus shall reign' is played and the ministers depart.

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.