

# Eucharist Trinity 8

2<sup>nd</sup> August 2020

Welcome and notices

*The first verse of the recorded hymn 'Fill your heart with joy and gladness' sung by St Martin in the Field's Choir is played and the ministers process in.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord be with you.  
**and also with you.**

## **PRAYERS OF PENITENCE**

*The people are invited to reflect on their sins.*

*We keep a few moments of silence to remember before God our faults and the things we have done that are wrong. God promises us forgiveness, healing and a fresh start when we confess our sins in faith and penitence.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.**

**We are truly sorry  
and repent of all our sins.**

**For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.**

**Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal,  
through Jesus Christ our Lord.

**Amen.**

**The GLORIA is sung by a solo voice**

**COLLECT**

Almighty Lord and everlasting God,  
we beseech you to direct, sanctify and govern  
both our hearts and bodies  
in the ways of your laws  
and the works of your commandments;  
that through your most mighty protection, both here and ever,  
we may be preserved in body and soul;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

**OLD TESTAMENT READING** Isaiah 55:1-5

Ho, everyone who thirsts,  
come to the waters;  
and you that have no money,  
come, buy and eat!  
Come, buy wine and milk  
without money and without price.  
2 Why do you spend your money for that which is not bread,  
and your labour for that which does not satisfy?  
Listen carefully to me, and eat what is good,  
and delight yourselves in rich food.  
3 Incline your ear, and come to me;  
listen, so that you may live.  
I will make with you an everlasting covenant,  
my steadfast, sure love for David.  
4 See, I made him a witness to the peoples,  
a leader and commander for the peoples.  
5 See, you shall call nations that you do not know,  
and nations that do not know you shall run to you,  
because of the Lord your God, the Holy One of Israel,  
for he has glorified you.

This is the word of the Lord.

**Thanks be to God.**

**GOSPEL READING** Matthew 14:13-21

Alleluia, alleluia. *(sung by solo voice)*  
Speak, Lord, for your servant is listening.  
You have the words of eternal life.

*1 Samuel 3:9, John 6:68*

**Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

13 Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. 14 When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. 15 When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' 16 Jesus said to them, 'They need not go away; you give them something to eat.' 17 They replied, 'We have nothing here but five loaves and two fish.' 18 And he said, 'Bring them here to me.' 19 Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. 20 And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. 21 And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **SERMON**

### **APOSTLES CREED**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

### **PRAYERS OF INTERCESSION**

*Response:*

Lord in your mercy

**Hear our prayer**

*At the end:*

Merciful Father,  
**accept these prayers for the sake of Your Son,  
our Saviour, Jesus Christ.**  
Amen

## **THE PEACE**

*The priest introduces the peace.*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*The recorded hymn 'For the fruits of his creation' is played while the altar is prepared.*

## **PREPARATION OF THE TABLE**

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
And of your own do we give you.**

## **THE EUCHARISTIC PRAYER**

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*The priest praises God for his mighty acts and we respond:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The priest recalls the Last Supper.*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*The Prayer continues.*

*At the end we respond:*

**Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray

**Our Father in heaven,**

**hallowed be your name;**

**your kingdom come;**

**your will be done;**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,**

**as we forgive those who sin against us.**

**Lead us not into temptation;**

**but deliver us from evil.**

**For the kingdom, the power**

**and the glory are yours,**

**now and forever.**

**Amen.**

We break this bread

to share in the body of Christ.

**Though we are many, we are one body,**

**because we all share in one bread.**

**Lamb of God,**

**you take away the sins of the world,**

**have mercy on us.**

**Lamb of God,**

**you take away the sins of the world,**

**have mercy on us.**

**Lamb of God,**

**you take away the sins of the world,**

**grant us peace.**

Jesus is the lamb of God

Who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,**

**But only say the word, and I shall be healed.**

## **GIVING OF COMMUNION**

*You are invited to use the prayer for Spiritual Communion below asking Jesus to be with you now.*

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother, may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*The anthems 'Blessed Bread' and 'Sweet Sacrament Divine' are played while the congregation receive the sacrament.*

## **PRAYER AFTER COMMUNION**

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

## **THE BLESSING**

*A blessing is given.*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*The recorded hymn 'Guide me O thou great redeemer' is played and the ministers depart.*

Spiritual Communion.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer offers Christians an opportunity to give thanks for their communion with him, particularly at times when they would ordinarily be present at the Eucharist.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically in ourselves. Making a Spiritual Communion is particularly fitting for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of

Christmas, Easter and Whitsun or Pentecost' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.